



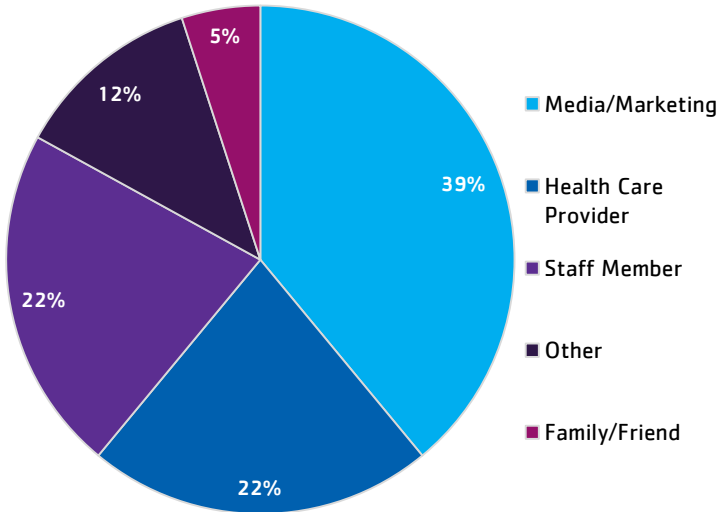
FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DIABETES PREVENTION PROGRAM YMCA OF GREATER CLEVELAND Program-to-Date Profile through June 2015

PROGRAM DELIVERY DATA

Program start date:	SEP 2012
Total # of classes:	77
Average class size:	9.5
Y sites:	12
Non-Y sites:	11
Blood test:	90%
Risk test:	10%

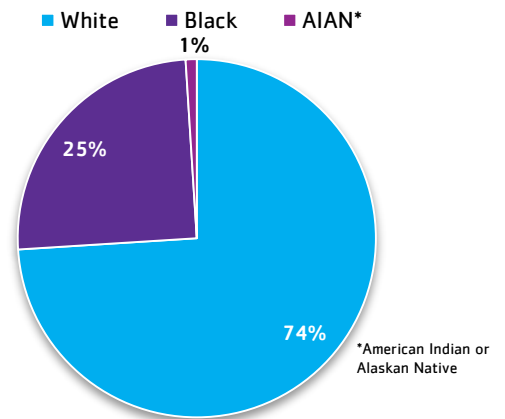
Self-Pay Participant Referral Sources (n=606)



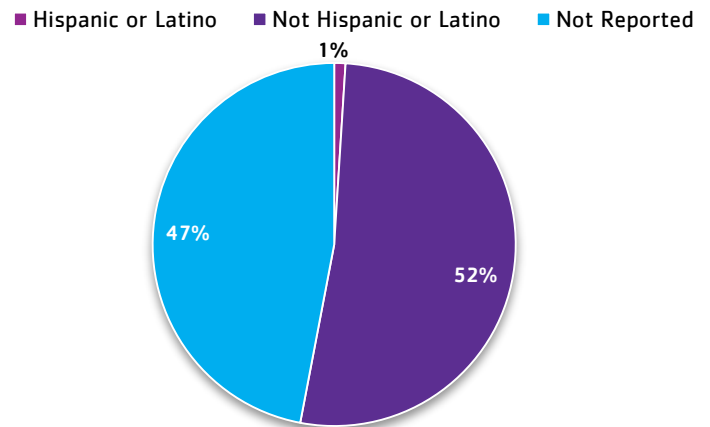
DEMOGRAPHICS DATA

Average age:	67 years
% in each age category:	
18-24 years:	0%
25-54 years:	10%
55-69 years:	48%
70+ years:	43%
Low income:	2%

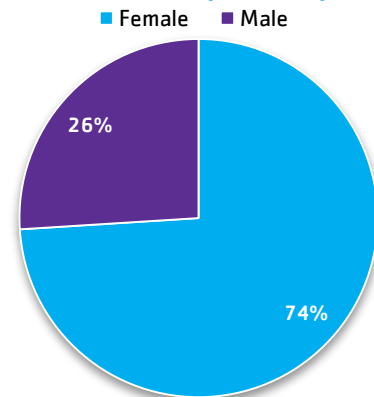
Race (n=600)



Ethnicity (n=798)



Gender (n=798)

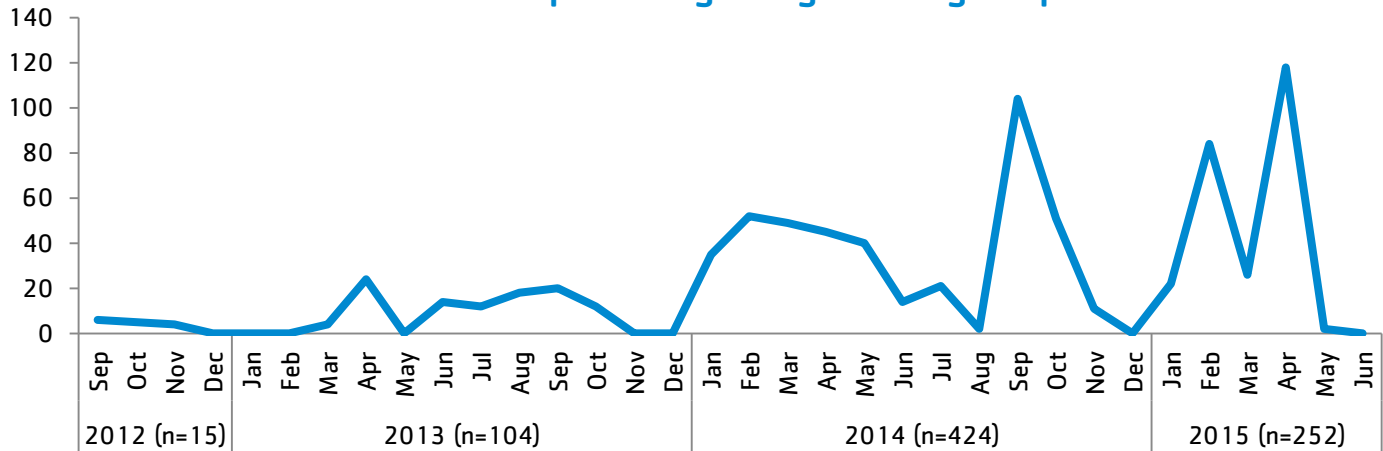




DIABETES PREVENTION PROGRAM – JUNE 2015 PROFILE

ATTENDANCE DATA

Number of Participants Beginning the Program per Month



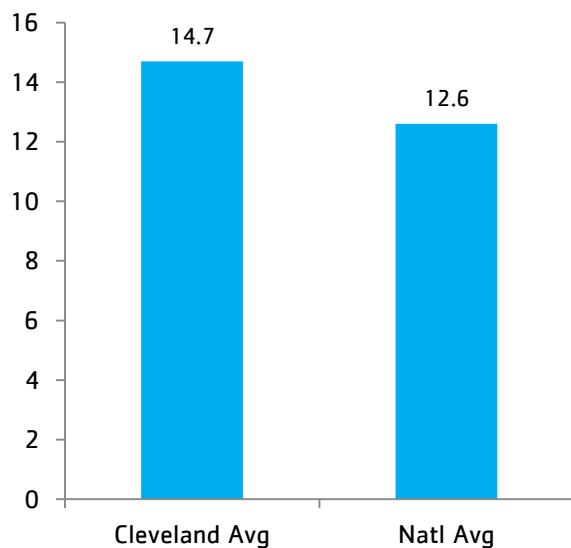
Number of participants scheduled and attending at least 1, 4, and 9 sessions (For all participants who have completed the weekly portion of the program)



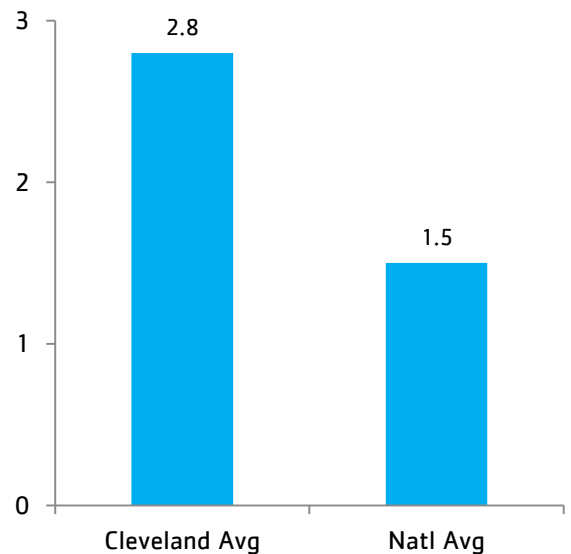
Program Retention Rates



Average weekly session attendance



Average monthly session attendance

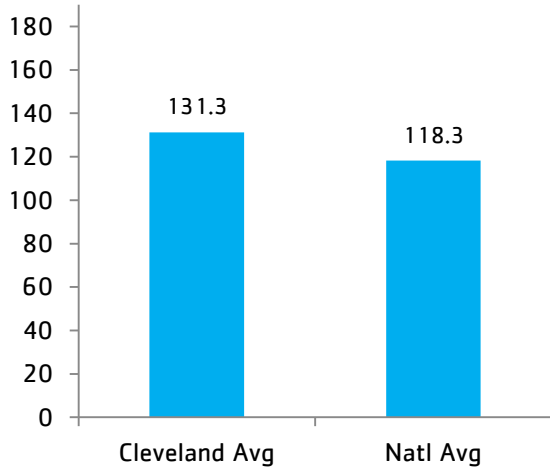




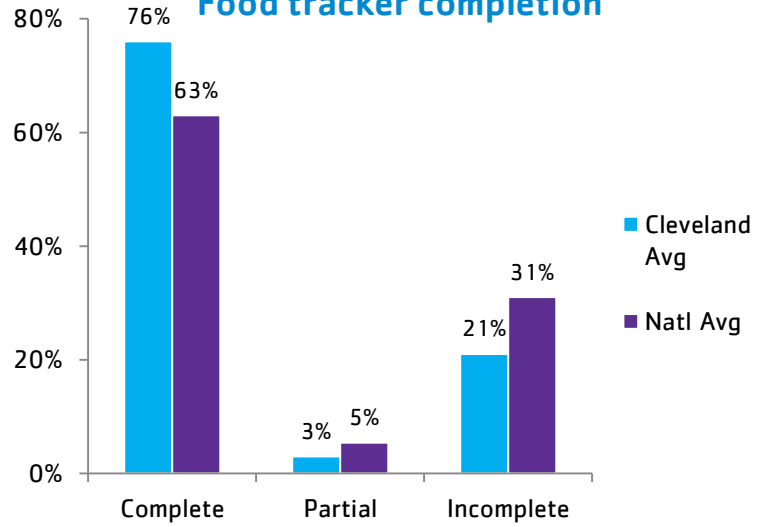
DIABETES PREVENTION PROGRAM – JUNE 2015 PROFILE

PHYSICAL ACTIVITY AND FOOD TRACKER DATA

Average weekly physical activity minutes

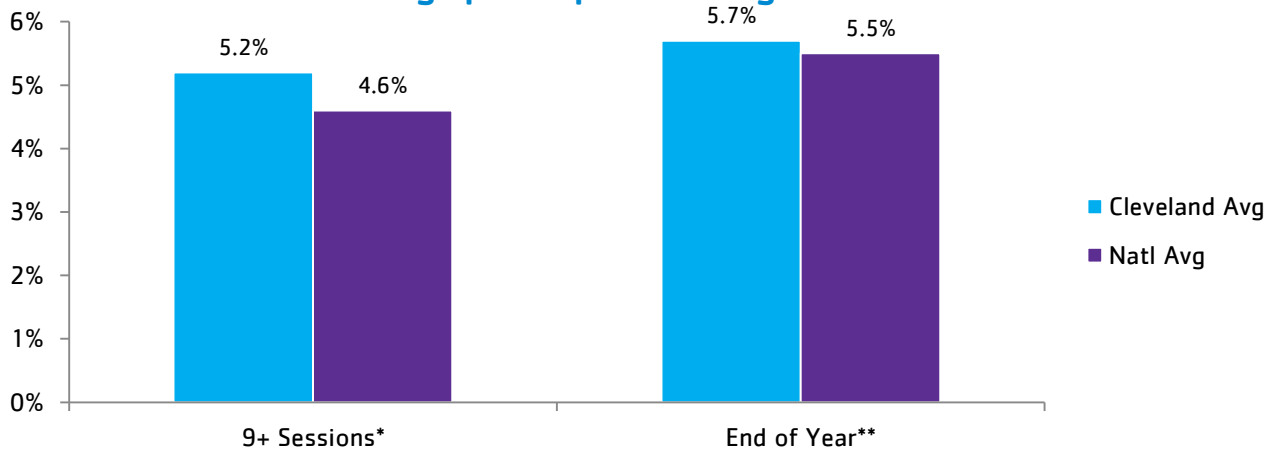


Food tracker completion



WEIGHT LOSS DATA

Average participant % weight loss



*Weekly sessions only for participants attending 9+ sessions

**Weight loss at end of program based on CDC recognition standards

PARTICIPANT EVALUATION DATA

No participant evaluation data available