



DON'T HIBERNATE.

Walk for free near you. No membership required.
All ages and abilities welcome.

INDOOR LOCATIONS

- **Amherst**
 - Mercy Health Amherst HealthPlex, 47160 Hollstein Drive
Thursdays at 5:30 pm (year-round)
- **Grafton**
 - Midview Middle School, 12865 Grafton Road
School days, 5 - 8 pm (now through spring when school is open)
- **LaGrange**
 - Keystone Elementary School, 531 Opportunity Way
Tuesdays & Thursdays, 6 - 8 pm (Nov. 30 - April 28 when school is open)
- **North Ridgeville**
 - LCCC University Partnership Ridge Campus, 32121 Lorain Road
Thursdays, 6 - 7:30 pm (Oct. 28 - March 31)
 - Liberty School, 5700 Jaycox Road
Tuesdays and Thursdays, 6 - 7:30 pm (Jan. 4 - March 24 when school is open)
- **Oberlin**
 - Lorain County Metro Parks Splash Zone, 95 W. Hamilton St.
Mondays at 5:30 p.m. (year-round)

OUTDOOR LOCATIONS

These locations committed to clearing their walking paths during snowy weather.

- **North Ridgeville**
 - Shady Drive Complex, 37077 Shady Drive
 - South Central Park, 7565 Avon Belden Road
- **Penfield**
 - Penfield Recreational Park, 40756 State Route 18



**Lorain County
Public Health**
For the Health of Us All

Find free fitness videos at
[united we sweat.org](https://www.unitedwesweat.org)