

Lorain County General Health District Leading The Way...



LIVE Healthy!
Lorain County!

Lorain County General Health District
 9880 S. Murray Ridge Road • Elyria, Ohio 44035

"For the Health of Us All"



9880 S. Murray Ridge Road
 Elyria, Ohio 44035
 Elyria 440-322-6367
 Lorain 440-244-3418
 Columbia Station 440-236-8722
 Fax 440-322-0911

Services

The Lorain County General Health District (commonly known as the County Health Department) is responsible for preventing disease and promoting health in the townships of Amherst, Brighton, Brownhelm, Camden, Carlisle, Columbia, Eaton, Elyria, Grafton, Henrietta, Huntington, LaGrange, New Russia, Penfield, Pittsfield, Rochester, Sheffield, South Amherst and Wellington; the villages of Grafton, Kipton, LaGrange, Rochester, Sheffield, South Amherst and Wellington, and the cities of Amherst, Avon, North Ridgeville, Oberlin and Sheffield Lake.

Services Provided by the Health District Include:

- Adult & Child Health Clinics
- Arthritis Program
- Birth & Death Certificates
- Cardiovascular Health Promotion
- Child Safety Seat Checks & Distribution
- Children with Medical Handicaps, BCMH
- Communicable Disease Control
- Coordinated School Health
- Drug Repository
- Fetal Alcohol Syndrome Awareness
- Food Service Inspection
- Health Promotion
- Home Sewage Inspection
- Immunization Clinics: Adult, Child, Flu
- Lead Poisoning Prevention
- Mosquito Control
- Newborn Visits
- Physical Activity Promotion
- Public Health Nursing
- Safety Advocacy
- School Nursing
- Solid Waste Inspection
- Speaker's Bureau
- Stream Water Quality
- Tobacco Prevention
- WIC

"For the Health of Us All"

Many of the services are supported in full or in part by a Health District Levy.

This Agency is an equal provider of services and an equal opportunity employer-Civil Rights Act of 1964.



Visit us online @
loraincountyhealth.com

Office hours:
 8:00 a.m. to 4:30 p.m., Monday thru Friday

PRSR STD
 US POSTAGE
PAID
 ELYRIA OH
 PERMIT 22

Health Commissioner's Message...

Collaboration is key in creating lasting changes in a community. As a part of the on-going mission to improve the overall health and well being of Lorain County residents, the Lorain County General Health District (LCGHD) works with many community partnerships. The goal is to create an environment that supports and sustains positive changes.

Community benefits of partnerships are nearly endless. It is imperative that LCGHD continues to be good stewards of funds. Partnerships are a cost-effective way to do this. When we work together we have more opportunities for awareness, education and ultimately change.

Throughout 2008, collaboration was the underlying foundation of many of our public health projects and programs. The following are examples of just a few of our current community partnerships:

- The Prescription Assistance Program, supplying thousands of medications to those in need, is a cooperative effort between LCGHD, Buderer Drug Company, Nord Foundation, Community Foundation of Lorain County, Coalition for the Uninsured of Lorain County, and the Lorain County Free Clinic.



- An interactive partnership with Emerge, Inc. helped launch livehealthyloraincounty.com, a web site devoted to improving the health of the county through nutrition and physical activity.
- Local radio stations, WEOL, WDLW, and WOBL work with the Health District to get timely health messages to the public.
- LCGHD shares working-partnerships with all law enforcement, fire departments and the Lorain County Emergency Management Agency to prepare for response in emergency situations.
- The focus of the Black River Remedial Action Plan is to improve the water quality of the Black River and raise awareness in the community. This effort is made possible as a result of partnering with Northeast Ohio Areawide Coordinating Agency, US & Ohio Environmental Protection Agency, Oberlin College, and the Black River Community Alliance.

A community's success can be found in the physical, mental and financial health of its people. When partnership between businesses, agencies and foundations occur, the opportunity to reach good health within the community increases, leading to sustainable life-changes.

Kenneth G. Pearce, M.P.H., Health Commissioner

LORAIN COUNTY

Board of Health Members

Gilman Baker, President
 Ed von Hofen, Vice President

William Gardner
 Judy DeMarino
 Vivian McCullough

William A. Spreng, DVM
 Stephen M. Surovey
 Paul S. Treuhaft, MD

2008 Statistics

COMMUNICABLE DISEASES

Campylobacter	19
Chlamydia	131
Cryptosporidiosis	8
E. Coli	1
Giardia	8
Gonorrhea	18
Hepatitis A	0
Hepatitis B	14
Hepatitis C	52
Legionnaire	5
Listeria	0
Lyme Disease	2
Meningitis (bacterial)	1
Meningitis (viral)	11
MRSA-GC	2
MRSA-LCI	38
MRSA-NCCI	4
Pertussis	4
Salmonella	23
Shigella	1
Streptococcus, Group A	4
Streptococcus Pneumonia	7
Syphilis	0
West Nile Virus	1
Varicella	44

ENVIRONMENTAL HEALTH

Public Sewage System Inspections	487
Public Sewage System Consultations	613
Household Sewage System Inspections	1299
Household Sewage System Consultations	304
Household Sewage System Completed & Approved	160
Manufactured Home Park Inspections & Consultations	28
Camp & Park Inspections & Consultations	32
School Inspections & Consultations	177
Swimming Area Inspections & Consultations	125
Swimming Area Samples	11
Nuisance Inspections	369
Nuisance Consultations	824
Food Service Inspections	1555
Food Service Consultations	1011
Retail Food Inspections	389
Retail Food Consultations	201
Vending Machine Inspections	55
Vending Machine Consultations	27
Rabies Investigations	220
Household Water Inspections	10
Household Water Consultations	76
Household Water Samples	6
Solid Waste Inspections & Consultations	443

FINANCIALS

RECEIPTS	
Taxes	\$3,896,357
Intergovernmental	
Federal	1,171,375
State	818,262
CHARGE FOR SERVICES	
BCMh	44,840
Immunizations	185,936
Inspection Fees	61,785
Contractual Services	460,942
Licenses	333,817
MISCELLANEOUS	
Other Receipts	134,567
Other Fees	314,353
Refunds	148,081
TOTAL	\$7,570,315
DISBURSEMENTS	
Salaries and benefits	\$4,726,694
Travel	88,749
Office Supplies	64,134
Medical Supplies	164,092
Equipment	92,231
Contracts- Repair/Services	351,949
Distribution to State	277,101
Other Expenditures	445,500
TOTAL	\$6,208,450

loraincountyhealth.com

Committed to Healthy Kids ...Healthy Schools...Healthy Communities



School Buildings are settings where the Health District directs efforts to help assure the health and safety of Lorain County children. Lorain County General Health District (LCGHD) is involved with several initiatives to promote health and safety with school-aged children in Lorain County schools.

Research shows healthy students make better learners. As a part of a collaborative effort to increase the amount of time school-aged children spend in physical activity, Lorain County H.E.A.R.T. and the Coordinated School Health Coalition, both conducted through the Health District, offered mini grants to provide physical activity equipment to selected schools for the 2008-2009 school year.

Health and safety for students begins before children enter the school building each day and continues after they leave. The Safe Routes to School program was established to sustain efforts led by a community or school district to create and foster safe and inviting ways for children, kindergarten through 8th grade, to walk and bike to school. Everyone in the community benefits from safer pedestrian and bike routes. Making sure that new developments include multi-use paths, and retro-fitting older neighborhoods to include crossings and good lighting are just a few ways Safe Routes to School is improving communities. LCGHD is currently working with Elyria Township and Clearview School District who have both received Safe Routes to School funding from the Ohio Department of Safety.

Of course, children must go to school in a safe environment. With the enactment of Jarod's Law in 2008, comprehensive inspections are conducted annually for every Ohio school. LCGHD works cooperatively with each district within its jurisdiction to attain compliance with the law; inspecting air quality, playground equipment, cafeteria tables and much more.

LCGHD committed to healthy kids, healthy schools and healthy communities.

COMMUNITY OUTREACH STATISTICS

Community & Professional Education Presentations/Workshops/Displays:	227
Community Education Participants:	15,925
Registered Lorain County Walks Participants:	2,796



NURSING STATISTICS

VISITS/ASSESSMENTS/SCREENINGS:

Senior Health Clinic	2,588
Child Health Clinic	467
Blood Pressure Clinic	880
Public Health Visits	220
BCMh	362
Newborn Visits	156
Fetal Alcohol Spectrum Disorder	9

SCHOOL NURSING - Contract to 8 school districts:

Hearing Screenings:	6,936
Hearing Referrals:	196
Vision Screenings:	7,410
Vision Referrals:	820
Preschool	376
W.I.C. Certification & Re certification	13,008

IMMUNIZATIONS:

Adult	1,633
Child	3,008
Flu	11,620

Ready to Respond: Lorain County Medical Reserve Corps



Created in March 2008, the Lorain County Medical Reserve Corps (MRC) is a county-based volunteer program for both medical and non-medical volunteers who will aid Lorain County response efforts before, during, and after an emergency. It is a collaborative effort coordinated through the LCGHD that includes medical and non-medical providers, emergency management, emergency medical services, and hospital-based services.

There are 125 registered volunteers within the Lorain County unit. MRC members have participated in a variety of events throughout the county, including the MRC Kick-Off Day, Lorain County "Make a Difference Day," Health District flu shot clinics, Community Emergency Response Team (CERT) trainings, and Volunteer Reception Center (VRC) training.

For more information or to find out how you can make a difference as an MRC volunteer, visit www.mrc.loraincountyhealth.com.



Mary Prieto... 25 Years of Service

Mary Prieto a 25 year veteran of the Lorain County General Health District's administrative support team, retired in 2008. An Accounts Specialist at retirement, Mary fulfilled the responsibilities of many different positions during her Health District career. Mary is enjoying her retirement traveling abroad, spending time with grandchildren, cooking, reading and sewing. "Thank you Mary, for your dedication to the Health District and Lorain County!"

"We make a living by what we get, but we make a life by what we give." - Winston Churchill



SMOKING ENFORCEMENT

Established in 2006, the Ohio Indoor Smoking Ban prohibits smoking in "public places" and "places of employment." Since the enforcement process began in May 2007, through January 2009, more than 720 smoking complaints have been submitted for establishments within the District's jurisdiction, resulting in 332 investigations. All complaints are received and investigated by Health District staff.

To report a smoking violation, call 1-866-559-OHIO (6446). For more details on the smoking law, visit loraincountyhealth.com/smoking.

10 Leading Causes of Death in Lorain County

Cancer	691
Heart Disease	575
Chronic Lower Respiratory Disease	177
Alzheimer's Disease	135
Stroke	126
Unintentional Injury	95
Diabetes	89
Influenza & Pneumonia	50
Septicemia	29
Intentional Self-Harm	28

2006 data provided by the Center for Health Data & Statistics, Ohio Department of Health. The Department specifically disclaims responsibility for any analyses, interpretations or conclusions.

Prescription Assistance Program: For the Health of Us All!

In 2008 the Prescription Assistance Program began providing unused prescription medications from nursing homes and long-term care facilities at low or no cost to Lorain County residents in need. In the first year of service, the program served 258 people in the county and filled 2,297 prescriptions. In addition to those served by LCGHD, 124 people received medicines through the Nord Center's assistance program. The scope of individuals served is far reaching throughout Lorain County, impacting the overall health and pocket books of those in need.

HEALTH BENEFITS: Facing not being able to afford monthly medication needs, a local 62-year-old woman would regularly cut her medications in half "to stretch out the supply and save money." Unfortunately when doctor's orders are not followed, a person's health can be compromised leading to additional problems. The Prescription Assistance Program allows her to take her medicines properly and meet monthly expenses.

FINANCIAL SAVINGS: Before enrolling in the Prescription Assistance Program, a North Ridgeville couple was spending over \$300 each month on their necessary medications. "It was a worry as to how we were going to pay for our medications. Now we're able to afford them more comfortably." The couple is currently spending just a fourth of what they were spending before on medications.

THANKFUL HEART: Enrolling in the program after reading about it in a local newspaper, a Sheffield Lake resident attributes the program to being "a life-saver." "I don't know what I would have done without it [Prescription Assistance Program]." Now eligible to receive the majority of her medications through Medicare Part D, she will only be receiving one prescription through this "wonderful" local program.

For more information on program details, eligibility and a complete listing of current medicines available, visit www.loraincountyhealth.com.

This program is a cooperative effort between Community Foundation of Lorain County, Nord Foundation, Lorain County General Health District, Coalition for the Uninsured of Lorain County, Buderer Drug Company, and the Lorain County Free Clinic.

Wash Your Hands



"Hand Washing is the single most important means of preventing the spread of infection."

- Centers for Disease Control & Prevention

Live Healthy Lorain County



An Interactive Partnership:



Log-on to livehealthyloraincounty.com for up-to-date nutrition, physical activity and other wellness information.