

How to use your coupons:

1. **Get** your coupons from WIC. You'll get six \$5 coupons for a total of \$30.
2. **Go** to one of the farm markets listed inside the brochure.
3. **Find** some of the authorized foods to buy at the market – see a full list inside this brochure.
4. **Buy** enough produce to use the full \$5 coupon -- no change will be given. Additional payment needed if you buy over the voucher amount.

Questions? Call WIC at 440-323-7320.



WIC Farm Market Nutrition Program 2024



Voucher example:

2024 Season No.

VOID


 **Department of Health**
Women, Infants, and Children Program (WIC)

Ohio WIC Farmers' Market Nutrition Program
Add vegetables to soups, sandwiches, and eggs!

This coupon can be redeemed for \$5.00 worth of authorized farmers' fresh fruits, vegetables, and herbs only. No change.

Valid from June 1, 2024 - Oct. 31, 2024

VOID

 **Farmer's ID stamp**
(required for payment)



Department of Health

Women, Infants, and Children Program (WIC)



Lorain County Public Health

For the Health of Us All

9880 Murray Ridge Rd, Elyria, OH 44035
440-322-6367 | LorainCountyHealth.com

Many services are supported in full or part by a health district levy.
This institution is an equal opportunity provider.



Lorain County Public Health

For the Health of Us All

- Only accept coupons if you plan to use them.
- Coupons NOT accepted at the grocery store.
- Coupons & WIC foods NOT to be sold or given away.
- All WIC rules apply to the Farmers' Market Program.

The farm markets:

Fenik Farm

6413 Lake Ave., Elyria | 440-324-2507
Daily, 9 a.m. - 7 p.m. | July - Oct.

Grobe Fruit Farm

43875 Telegraph Rd., Elyria | 440-322-8312
Daily, 9 a.m. - 6 p.m. | July - Oct.

Grobe Fruit Farm Express

13111 LaGrange Rd., LaGrange
Wed. - Sun., 10 a.m. - 6 p.m. | July - Oct.

Oberlin Farmers Market

69-85 South Main St., Oberlin
Sat., 9 a.m. - 12 p.m. | May - Oct.

Solidarity Urban Farms

633 Broadway Ave., Lorain
Sat., 11 a.m. - 3 p.m. | June - Oct.

NOT authorized foods

- Citrus fruits
 - Lemons
 - Oranges
 - Limes
 - Grapefruit
 - Tangerines
- Baked goods or processed foods
 - Jams
 - Honey
 - Apple cider
 - Maple syrup
- Tropical fruits
 - Bananas
 - Pineapples
 - Mangos
- Pumpkins

Authorized Vegetables

Asparagus	Mushrooms
Beans	Okra
Beets	Onions
Broccoli	Parsnips
Brussels sprouts	Peas
Cabbage	Peppers
Carrots	Potatoes
Cauliflower	Radishes
Celery	Rhubarb
Com on the cob	Rutabagas
Cucumbers	Shallots
Eggplant	Spinach
Greens (All)	Sprouts
Kale	Squash
Kohlrabi	Tomatoes
Leeks	Turnips
Lettuce	Zucchini
Microgreens	

Authorized Fruits

Apples	Nectarines
Apricots	Pawpaws
Berries	Peaches
Cantaloupes (Whole)	Pears
Cherries	Plums
Grapes	Strawberries
Melons (Whole)	Watermelons (Whole)



Authorized Herbs

Basil	Marjoram
Chives	Mint
Cilantro	Oregano
Coriander	Parsley
Dill	Rosemary
Garlic	Sage
Horseradish	Thyme
Lovage	