



Heart & Sole Collaborative

The Heart & Sole Collaborative, facilitated by the Health Promotion & Chronic Disease Prevention Division, North Ridgeville Branch Library, and North Ridgeville Parks and Recreation, established a new StoryWalk at South Central Park. The walk has multiple stands, each holding one page of a children's picture book, distributed along a 1-mile paved trail. Walking together to read the story promotes physical activity in the park, reading practice, and inter-generational interaction. The library will change the book monthly, and the StoryWalk will also include health and science tips and facts from LCPH and North Ridgeville Schools.

Save The Date: Zero Proof Mix Off

The Zero Proof Mix Off is Thursday, December 5 from 5:30PM to 7:30PM in the Grand Room of the Spitzer Conference Center at Lorain County Community College.

ODH Opioid Grants

The Community Health Division received two new ODH grants to fight the opioid epidemic. The Drug Overdose Prevention (DR20) grant is a 3-year, \$180,000/year grant that funds participation in county and statewide overdose prevention coalitions, data strategies, overdose awareness campaigns, and improving Naloxone access to at-risk clients. The Integrated Naloxone Access and Infrastructure (IN20) grant provided \$30,000 from 7/1/19 to 9/28/19, and we are awaiting word on our application that was submitted for 10/1/19 through 9/30/20. The IN20 grant funds expansion of Naloxone distribution to partner agencies with an emphasis on serving hard-to-reach populations.

Operations & Maintenance Program

The Environmental Health, Emergency Preparedness, and Epidemiology Division's Operations & Maintenance (O&M) Program is taking shape. It requires all residents with a household sewage treatment system to obtain a yearly permit, so we can better track systems and their maintenance. Over the coming months, Scott Pozna, Supervisor and Cody Carroll, Program Manager will hold a series of informational meetings throughout the county. Dates, times, and locations will be posted on our website.

Leadership Training

The next LCPH Leadership Training session is Thursday, October 24 from 2:30PM to 4:30PM in the LCPH Conference Room. This session's topic is budgeting and will be facilitated by Dave Covell. If you'd like to attend, email Stephanie Lesco by October 21.

Step It Up Challenge Winners

Congratulations to all Lorain County worksites that participated in the Step It Up Challenge. Five-hundred fifty people completed the challenge with a combined 136,175,558 steps! Winners include the following:

- **Overall Winner: Lorain Port Authority** with an average of 12,789 steps
- **Most Improved: Amherst Exempted Village Schools** with over a 1,100-step improvement over 4 weeks
- **Team Spirit: Educational Services Center of Lorain County**, winning for the second year in a row

Also, we would like to congratulate John Harbeck, RS for being the most improved walker over the 4-week challenge. He improved his step average by 939 steps from week 1 to week 4.

Tire Cleanup

Mosquito collection data indicated almost all Lorain County's West Nile Virus-positive mosquito samples originated from scrap tire dumps. With the assistance of Ohio EPA funding, a site with 40,000 tires was cleaned this summer, eliminating a large breeding area. We are in the process of cleaning two additional sites in Columbia Township with approximately 16,000 tires and 100,000 tires respectively.



"Intelligence is the ability to adapt to change."

- Stephen Hawking