

monthly NEWSLETTER



Lorain County
Public Health
For the Health of Us All

Lorain County Public Health

November 2019

Salvation Army Angel Tree

LCPH is participating in the Salvation Army Angel Tree Program again this season. Here's how you can participate and bring some holiday cheer to a child in need.

- ◆ Select an ornament with a child's gift ideas
- ◆ Shop for a gift up to \$20.00
- ◆ Leave the gift unwrapped
- ◆ Tape the tag to gift and place it under the Angel Tree by November 25

Food Safety Infographics

The Health Promotion & Chronic Disease Prevention and Environmental Health Divisions recently partnered to create infographics that will improve food safety messages. There are seven different posters in the series, each with a message crafted through the expertise of both divisions. Posters will be available to food service providers and serve as helpful reminders for some of the more common violations. EH will be tracking where the signs are distributed and how they impact future inspections.



Environmental Health Updates

The Environmental Health Division will receive an additional \$150,000 from the Ohio EPA to help low- to moderate-income residents replace failing sewage treatment systems or make sanitary sewer connections. LCPH has received \$800,000 to help its residents, and approximately 50 projects have been completed.

We are also in the process of re-vamping our approach to epidemiology. Whether it's investigating a case of Salmonella or an illness outbreak, we will use a team approach to allow our work to be more efficient, structured, and responsive when outbreaks happen.

Leadership Training Session

Our final LCPH Leadership Training session of 2019 is Thursday, December 12 from 2:30PM to 4:30PM. Dave will facilitate this session on managing personnel. If you'd like to attend, email Stephanie Lesco by December 9.

Vision Screening Training

On September 23, Jo Anne Ferritto, Community Health Supervisor, hosted a vision screening training at the Lorain County OSU Extension Office for 8 LCPH nurses and 3 nurses from other districts in Lorain County. Prevent Blindness Ohio conducted the training and provided free vision screening kits. Sheronda Whitner from ODH, Ohio Representative Gayle Manning, and Ohio Senator Nathan Manning observed the training. This was a wonderful opportunity for Lorain County school nurses to receive education to improve the health of our students and share their knowledge with our state legislators.



AOHC President

Congratulations to our Health Commissioner, Dave Covell, for officially taking over as President of the Association of Ohio Health Commissioners in September. Dave will hold that position through the end of 2020 before assisting with the transition to the next president.

Chocolate Milk Added in WIC

More than half of 1% milk was unredeemed in the WIC food package, prompting the addition of chocolate milk. Chocolate and white milk both contain 16 essential nutrients and are packed full of protein and calcium; however, chocolate milk contains added sugar, resulting in a different nutritional profile compared to white milk. Chocolate milk can be a part of a healthy diet, but moderation is the key!

"The individual who says it is not possible should move out of the way of those doing it."

- Tricia Cunningham