Lorain County Public Health
For the Health of Us All

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MEDIA RELEASE **IMMEDIATE RELEASE**

CONTACT: Joyce Leupp Davis, MCHES®
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DATE: October 10, 2019
RE: Lorain County Public Health Board issues advisory about e-cigarettes

October 10, 2019 (Lorain County, Ohio) –The Lorain County Public Health (LCPH) Board of Health issued an advisory on the use of e-cigarette or vaping products at their Oct. 9 meeting. LCPH board member Edward von Hofen stated, "The CDC and the Ohio Department of Health are investigating a multistate outbreak of lung injury and deaths linked to e-cigarette use. So much is unknown at this time that we recommend that residents keep from using e-cigarettes, especially those that contain THC."

The advisory also reminds the public that e-cigarettes are never safe for the following groups:

- Youth and young adults under age 25 – e-cigarettes contain nicotine, which is harmful to developing brains
- Pregnant women
- People who do not currently use tobacco products

"If you are an adult who uses e-cigarettes because you have quit smoking cigarettes, do not go back to traditional cigarettes," said LCPH Health Commissioner David Covell, MPH, RS. "If you are trying to quit smoking, use evidence-based treatments – see your healthcare provider or call the QuitLine (1-800-QUIT-NOW) for FDA-approved medicines."

Patients using e-cigarettes have reported symptoms such as: cough, shortness of breath, chest pain, nausea, vomiting, diarrhea, tiredness, fever or pain in the stomach area. If you have recently used an e-cigarette and you have symptoms like those above, see a healthcare provider.

For more information on how we make your health & safety our priorities, contact Lorain County Public Health at 440-322-6367 or visit LorainCountyHealth.com. Follow your local health department on Twitter @LorainCoHealth, Facebook, or YouTube.

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