

*Recipes  
they'll love!*



# PARTY DRINKS

for Designated Drivers



**DRIVE SOBER OR  
GET PULLED OVER**



*Blasts  
from the  
past*

## ZERO PROOF MIX OFF

**DRIVE SOBER, ALWAYS.**



# Safe Communities Coalition

Lorain County

## ABOUT THE "PARTY DRINKS FOR DESIGNATED DRIVERS" BOOK

Kicking off every winter holiday season since 2001, the Zero Proof Mix Off draws hundreds of Lorain County residents to taste test zero-proof drinks. Drinks are mixed by creative community groups to encourage everyone to drive sober and to serve non-alcoholic drinks at gatherings.

To protect the health and safety of Lorain County, the Safe Communities Coalition encourages everyone to make a *blast from the past* Mix Off drink at your small 2020 holiday celebration.

As 2020 draws to a close, we're feeling nostalgic about traditions, memories, and the people who we love. These are the reasons we gather, and to honor designated drivers and raise awareness of the importance to drive sober.

Join us to enjoy some of the best memories and people from the Zero Proof Mix Off.

To get involved in a future Mix Off or to join the Safe Communities Coalition, contact us at:  
[HealthEd@LorainCountyHealth.com](mailto:HealthEd@LorainCountyHealth.com) or 440-322-6367

# Table of Contents

## 2019 Winners

<b>Best Taste:</b> Lorain County Metro Parks <i>Metro Park Maple Cider</i>	6
<b>Best Name:</b> Lorain County Prosecutor's Office Project <i>Outreach Farley's Frappe</i>	7
<b>Best Student Drink:</b> Lorain County JVS FFA <i>Christmas at Hogwarts</i>	8
<b>Best Presentation:</b> Lorain County Office of Emergency Management and Homeland Security <i>Methyl Ethyl Mistletoe</i>	9
<b>People's Choice:</b> Firelands Counseling & Recovery Services <i>Pumpkin King's Cider</i>	10
<b>Best Overall:</b> Lorain County Recovery Court <i>Recovery is Who-tiful</i>	11

## ***2020 Blast into the Future Drinks***

<b>The Caslon</b> <i>The Caslon Coconut Cheer</i>	12
<b>Avon Brewing Company</b> <i>Raspberry Beret Spritzer</i>	13

## **Looking for a recipe from the past?**

Download a recipe book at [LorainCountyHealth.com/DriveSober](http://LorainCountyHealth.com/DriveSober)



Our Mixers are what bring this event to life - we are so thankful for their creativity and effort!





“

*It's the kind of family friendly atmosphere the organizers created that has helped the event grow and flourish, even with the sobering message of loss that can happen due to drunken driving. Way back when I started, it was smaller and fewer people attended. In the past few years, however, attendance has exploded and it's become a giant party featuring safe drinks for celebrations and families make a night of it attending.*

**Julie Wallace**

*The Chronicle-Telegram*



The first Zero Proof Mix Off was hosted December 2001 at the Lorain County Metro Parks Carlisle Reservation. The event quickly outgrew that venue, the LCCC College Center, and has been hosted at LCCC Spitzer Center ever since.





# Special Guests



2013 - North Ridgeville Police Department "Merry Kiss-mass"

”



2003 Zero Proof Mix Off at  
Lorain County Metro Parks  
Carlisle Reservation



*The Mix Off has shown a community of professional educators, law enforcement, health care providers, engineers, mental health providers and other local professionals can come together to provide safe and great tasting alternative drinks to residents of Lorain County.*

---

**Brian Holmes**

*Safe Communities Coalition member*



## **2019 BEST TASTE WINNER**

### **METRO PARK MAPLE CIDER**

#### **INGREDIENTS:**

- 8 c. fresh apple cider
- 2 tbsp. Maple syrup
- 2 tsp. ground cinnamon or 2 whole cinnamon sticks
- 1/8 tsp. nutmeg
- 2-3 whole cloves
- 1 star anise (optional)
- 1 dried chile (optional for whole batch)
- 1 orange, sliced

#### **DIRECTIONS:**

Mix drink ingredients in a crockpot and let simmer for 2-3 hours. Strain dry ingredients out of cider.

#### **HOMEMADE SWEETENED WHIPPED CREAM GARNISH:**

Place a metal mixing bowl and metal whisk into the freezer for 10 to 15 minutes. Place the sugar into the mixing bowl and add the whipping cream. Whisk just until the cream reaches stiff peaks. When ready to use, re-whisk for 10 to 15 seconds. Makes approx. 8 cups.

- 2 tbsp. sugar
- 1 c. heavy whipping cream
- Cinnamon sugar

# 2019 BEST NAME WINNER

## FARLEY'S FRAPPÉ

DENNIS P. WILL  
LORAIN COUNTY PROSECUTOR



PROJECT OUTREACH

### INGREDIENTS:

- 12 c. boiling water
- 1 c. instant hot cocoa mix
- 1 c. white sugar
- ½ c. instant coffee
- 1 gal. chocolate ice cream
- 1 gal. vanilla ice cream
- Garnish with canned whipped cream and chocolate sprinkles

### DIRECTIONS:

Add hot cocoa mix, sugar, and instant coffee to the boiling water. Stir until dissolved. Cover and refrigerate overnight. Thirty minutes before serving, add the ice cream until well stirred. Garnish with canned whipped cream and chocolate sprinkles. Enjoy! Serves 24.

# 2019 BEST STUDENT DRINK WINNER

## CHRISTMAS AT HOGWARTS



### INGREDIENTS:

- 4 c. cream soda
- 2 c. vanilla ice cream
- ½ c. butterscotch topping
- Whipped cream
- Butterscotch topping (as desired)

### DIRECTIONS:

Blend cream soda, ice cream, and butterscotch topping in a blender. Garnish with whipped cream and extra butterscotch topping.

# 2019 BEST PRESENTATION WINNER

## METHYL ETHYL MISTLETOE



### INGREDIENTS:

- 6 qt. water
- 2 c. sugar
- 2 (12 oz.) containers of frozen lemonade concentrate
- 4 (64 oz.) bottles cran-apple juice
- 8 c. of strongly brewed tea
- 2 qt. orange juice
- 2 (46 oz.) cans of pineapple juice

### DIRECTIONS:

Boil water and add sugar to make a simple syrup. Add in the rest of the ingredients and mix well. Yields 5 gallons.



# 2019 PEOPLE'S CHOICE WINNER

## PUMPKIN KING'S CIDER



### INGREDIENTS:

- ½ gal. of apple cider
- 1 can of pumpkin purée
- ¼ c. of brown sugar
- ½ tsp. of cinnamon
- ½ tsp. of pumpkin pie spice
- ½ tsp. of ground ginger
- ½ tsp. of all spice
- 1 tbsp. of lemon juice
- 1 can of whipped cream

### DIRECTIONS:

Recipe makes 6 quarts. Combine all ingredients into a 6 quart crockpot and stir well. Turn on crockpot to heat the drink, and stir occasionally. Serve each cup warm and topped with whipped cream.

# 2019 BEST OVERALL WINNER

## RECOVERY IS WHO-TIFUL



### INGREDIENTS:

- 1 (½ gal.) lime sherbet
- 1 (2 liter) Sprite
- 1 gal. green Hawaiian Punch
- Garnish with red sanding sugar

### DIRECTIONS:

1. In a large punch bowl, spoon in the lime sherbet. Pour half of the Sprite and half of the Hawaiian Punch over the sherbet.
2. Stir to combine
3. Completely optional but completely adorable, take a glass and dip rim in plate of water then dip the rim in red sanding sugar. It will look beautiful and taste even better!
4. Spoon in your Grinch punch and serve!



Check out this drink  
for dine-in or takeout!

# THE CASLON COCONUT CHEER



33451 Lake Rd. Avon Lake



@thecaslon



TheCaslon.com

## INGREDIENTS:

- 2 oz. orange juice
- 2 oz. pineapple juice
- 2 oz. piña colada mix
- 1/2 oz. grenadine
- Splash of soda water

## DIRECTIONS:

Fill a cocktail shaker with ice and add ingredients. Shake well and pour over ice. Garnish with a cherry.

*Blast into the  
future*





Check out this drink  
for dine-in or takeout!

# RASPBERRY BERRY SPRITZER



37040 Detroit Rd. Avon



@avonbrewingco



@avonbrewingco



AvonBrewingCompany.com

## INGREDIENTS:

- 1 (1/2 oz) fresh raspberry purée
- 1 oz pineapple juice
- 1 oz orange juice
- 1 oz lemonade
- Lemon lime soda

## DIRECTIONS:

Shake and pour over glass of ice. Top with lemon lime soda. Garnish with fresh pineapple wedge and lemon wheel.

*Blast into the  
future*



# STAY SAFE AND DRIVE SOBER

- Plan ahead by finding a safe way home before the festivities begin. A sober driver is the way to go.
- If you've had too much to drink, use an app like Uber or Lyft. Call a sober friend or family member, a taxi, or use public transportation.
- If you see an impaired driver on the road, pull over and call #677 or 911.

# BE A GREAT HOST ALL YEAR LONG

- Offer your favorite non-alcoholic beverage from the Zero Proof Mix Off as an option for guests.
- Make non-alcoholic options as appealing and available as alcoholic options.
- Help guests to coordinate safe rides home before the party starts.
- Close the bar at least 90 minutes before the party ends.

# ALCOHOL-FREE PARTY IDEAS

- Host your own Zero Proof Mix Off – ask guests to create non-alcoholic drink recipes as part of a competition.
- Try a white elephant gift exchange.
- Have guests dress up in a stylish theme to make the party unique and fun.
- Craft an exciting holiday menu that will be the talk of the party



# Safe Communities Coalition

Lorain County

## WHO WE ARE

For nearly 30 years the Safe Communities Coalition (SCC) has worked through community initiatives that involve engineering, enforcement and education.

## OUR MISSION

To prevent injuries and deaths on Lorain County roads.

## WHAT WE DO

- Review and analyze Lorain County crash data.
- Raise traffic safety awareness via campaigns, events, interventions, and social media.
- Educate about the importance of wearing your seat belt, driving sober, motorcycle safety, driving focused, and bicycle and pedestrian safety.
- Facilitate the Traffic Fatality Review Committee, to review all fatal traffic crashes in Lorain County and identify trends and possible interventions to prevent future crashes.



# Safe Communities Coalition

---

Lorain County

- ***FOLLOW THE RULES OF THE ROAD.***
- ***WATCH OUT FOR PEDESTRIANS & MOTORCYCLES.***
- ***WEAR A HELMET.***
- ***GIVE BICYCLISTS 3 FEET.***
- ***SLOW DOWN.***
- ***DRIVE & RIDE SOBER & FOCUSED.***
- ***BUCKLE UP.***






# *Thank you*

for keeping Lorain County  
roads safe!

MAKE A DRINK?

use the hashtag  
#DriveSoberLorainCounty  
and tag us!

 @LorainCoHealth

 @LorainCoHealth

 @LorainCountyHealth

 [LorainCountyHealth.com](http://LorainCountyHealth.com)