Medical Reserve Corps (MRC) Volunteer Training Plan

The Medical Reserve Corps (MRC) Volunteer Training Plan is a suggested guide for training MRC Volunteers.

- **Learning Paths** are groups of competencies related to certain topics that align with volunteer motivations.
  - Volunteer Preparedness *(page 2)*
  - Volunteer Response *(page 3-4)*
  - Volunteer Leadership *(page 5)*
  - Volunteer Support for Community Resiliency *(page 6)*

- **Disaster Medicine and Public Health (DMPH) Competencies** serve as the foundational competency set for MRC volunteers and represent a baseline level of knowledge and skills that all MRC volunteers should have, regardless of their role within the MRC unit.

- **MRC Performance Qualifications** are measurable actions (knowledge, skills, attitudes) that a volunteer should be able to perform to be competent in an area.

- **Suggested Trainings/Tools** are recommended resources and trainings, most of which are available on-line and free of cost, that will enable volunteers to meet the competencies.
  The trainings are accessible through MRC-TRAIN.
  *(Instructions to enroll and begin learning are detailed below.)*

**To enroll in MRC-TRAIN:**
1) Login to MRC-TRAIN: https://www.mrc.train.org
2) Click on “CREATE ACCOUNT” box
3) Read and check “I agree to these TRAIN policies” box
4) Click on “Next”
5) Complete “Required Fields***”
6) Click on “Next”

**To begin learning:**
1) Login to MRC-TRAIN: https://www.train.org
2) Click on “COURSE CATALOG” on left side of page.
3) Key in selected course using course title or MRC-TRAIN ID.
4) Click on course title.
5) Click on “REGISTER”.
6) Select “CREDIT TYPE” from drop down menu.
7) Click on green “LAUNCH” on right side of page.
### Learning Path: Volunteer Preparedness

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<tr>
<th>DMPH Competency</th>
<th>MRC Performance Qualifications</th>
<th>Suggested Trainings/Tools</th>
<th>Format/Skill Level</th>
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</table>
| Demonstrate personal and family preparedness for disasters and public health emergencies | Complete a personal and family preparedness plan.                                            | IS-909 - Community Preparedness: Implementing Simple Activities for Everyone  
MRC-TRAIN ID: 1031352  
Animal Emergency Preparedness  
MRC-TRAIN ID: 1025307                                                                 | Web-Based Training Self-Study; Introductory                                                   |
| Demonstrate knowledge of personal safety measures that can be implemented in a disaster or public health emergency | Demonstrate safe behaviors during MRC activities.                                            | Personal Protective Equipment (PPE)  
MRC-TRAIN ID: 1051588  
IS-5.a An Introduction to Hazardous Materials  
MRC-TRAIN ID: 1011884  
Occupational Health for Public Health Responders (Basics of Public Health Preparedness, Module 6)  
MRC-TRAIN ID: 1046406  
Health and Safety in Disaster Recovery  
MRC-TRAIN ID: 1052231  
Disaster Responder Health and Safety  
MRC-TRAIN ID: 1037220  
HAZMAT for Healthcare Providers: Awareness Level  
MRC-TRAIN ID: 1048614 | Web-Based Training Self-Study; Introductory                                                   | Webstream/Archived Webcast; Introductory                                                                                       | Web-Based Training Self-Study; Introductory |
<table>
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<tr>
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<tbody>
<tr>
<td>Demonstrate knowledge of one’s expected role(s) in organizational and community response plans activated during a disaster or public health emergency</td>
<td>Follow procedures to successfully activate, report and demobilize.</td>
<td>MRC Factors for Success: Alerting, Activating, and Demobilizing Volunteers</td>
<td>Web-Based Training Self-Study; Introductory</td>
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<td>Follow policies and procedures related to professional and ethical representation of the MRC.</td>
<td>IS-100.b - Introduction to Incident Command System</td>
<td>Web-Based Training Self-Study; Introductory</td>
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<td>Describe the chain of command (e.g. NIMS, ICS, EMS) during MRC activities.</td>
<td>MRC-TRAIN ID: 1057157</td>
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<td>Communicate effectively with others in a disaster or public health emergency</td>
<td>Describe the member’s communication responsibilities and procedures.</td>
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<td>Demonstrate knowledge of surge capacity assets consistent with one’s role in organizational, agency, and/or community response plans</td>
<td>Describe how MRC serves the community.</td>
<td>Surge Capacity for Disasters: The Potential Role of the Community and Public Health Nurse</td>
<td>Webstream/ Archived Webcast; Introductory</td>
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<td>MRC-TRAIN ID: 1008833</td>
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<td>IS-26 Guide to Points of Distribution</td>
<td>Text-Based (Print and Electronic Based); Introductory</td>
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<td>MRC-TRAIN ID: 1017010</td>
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<td>Mass Dispensing Overview: An SNS Perspective</td>
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<td>MRC-TRAIN ID: 1054681</td>
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| Demonstrate knowledge of principles and practices for the clinical management of all ages and populations affected by disasters and public health emergencies, in accordance with professional scope of practice | Identify the impact of an event on the behavioral Health of the MRC member and their family, team, and community. Describe how MRC serves the community. Demonstrate cultural humility during MRC activities. | Psychological First Aid (PFA) Online  
MRC-TRAIN ID: 10022214  
Disaster Triage for Epidemics  
MRC-TRAIN ID: 1012119  
Nurses on the Front Line: Preparing for and Responding to Emergencies and Disasters  
MRC-TRAIN ID: 1013008 | Web-Based Training  
Self-Study; Intermediate  
Web-Based Training  
Self-Study; Introductory  
Web-Based Training  
Self-Study; Intermediate |
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| Demonstrate situational awareness of actual/potential health hazards before, during, and after a disaster or public health emergency | Describe how MRC serves the community. | Chemical Emergencies and the Role of Public Health  
MRC-TRAIN ID: 1032732  
You are the Help Until Help Arrives (Interactive Video)  
MRC-TRAIN ID: 1069846  
You are the Help Until Help Arrives (Online Web-based Training)  
MRC-TRAIN ID: 1069847  
You are the Help Until Help Arrives (Materials for hands-on, instructor-led training)  
MRC-TRAIN ID: 1069848 | Web-Based Training Self-Study; Introductory  
Webcast (Recorded); Introductory  
Web-Based Training Self-Study; Introductory  
Text-Based (Print and Electronic Based); Introductory |
| Demonstrate knowledge of public health principles and practices for the management of all ages and populations affected by disasters and public health emergencies | Demonstrate cultural humility during MRC activities.  
Describe how MRC serves the community.  
Identify the role of public health in the community. | Disability and Disaster  
MRC-TRAIN ID: 1052223  
Disaster Service Worker (DSW)  
MRC-TRAIN ID: 1017965  
Risk Communication for High Risk and At-Risk Populations  
MRC-TRAIN ID: 1032688  
Culture & Health Literacy: Beyond Access  
MRC-TRAIN ID: 1014435 | Webstream/Archived Webcast; Introductory  
Web-Based Training Self-Study; Introductory  
Web-Based Training Self-Study; Intermediate  
Web-Based Training Self-Study; Introductory |
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<td>Demonstrate knowledge of ethical principles to protect the health and safety of all ages, populations, and communities affected by a disaster or public health emergency</td>
<td>Follow policies and procedures related to professional and ethical representation of the MRC.</td>
<td>Good Decision Making in Real Time: Practical Public Health Ethics for Local Health Officials MRC-TRAIN ID: 1050534</td>
<td>Web-Based Training Self-Study; Intermediate</td>
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<td>Demonstrate cultural humility during MRC activities.</td>
<td>Applying Ethical Frameworks During Severe Pandemic Influenza</td>
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<td>MRC-TRAIN ID: 1023487</td>
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<td>Law and Ethics in Public Health (Public Health Ethics, Module 4)</td>
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<td>MRC-TRAIN ID: 1050892</td>
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<td>Demonstrate knowledge of legal principles to protect the health and safety of all ages, populations, and communities affected by a disaster or public health emergency</td>
<td>Demonstrate safe behaviors during MRC activities.</td>
<td>Public Health and the Law: An Emergency Preparedness Training Kit</td>
<td>Web-Based Training Self-Study; Introductory</td>
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<td>Follow policies and procedures related to professional and ethical representation of the MRC.</td>
<td>MRC-TRAIN ID: 1050167</td>
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<td>Demonstrate cultural humility during MRC activities.</td>
<td>Legal Aspects of Public Health Emergency Preparedness</td>
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<td>MRC-TRAIN ID: 1051021</td>
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<td>Demonstrate knowledge of short- and long-term considerations for recovery of all ages, populations, and communities affected by a disaster or public health emergency</td>
<td>Identify the impact of an event on the behavioral health of the MRC member, their family, team and community.</td>
<td>Long Term Recovery Basics</td>
<td>Blended Learning Series; Introductory</td>
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<td>MRC-TRAIN ID: 1052226</td>
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<td>Demonstrate cultural humility during MRC activities.</td>
<td>Social Media and Long-term Recovery</td>
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<td>MRC-TRAIN ID: 1052242</td>
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