



Medical Reserve Corps (MRC) Volunteer Training Plan

The Medical Reserve Corps (MRC) Volunteer Training Plan is a suggested guide for training MRC Volunteers.

- **Learning Paths** are groups of competencies related to certain topics that align with volunteer motivations.
 - Volunteer Preparedness (*page 2*)
 - Volunteer Response (*page 3-4*)
 - Volunteer Leadership (*page 5*)
 - Volunteer Support for Community Resiliency (*page 6*)
- **Disaster Medicine and Public Health (DMPH) Competencies** serve as the foundational competency set for MRC volunteers and represent a baseline level of knowledge and skills that all MRC volunteers should have, regardless of their role within the MRC unit.
- **MRC Performance Qualifications** are measurable actions (knowledge, skills, attitudes) that a volunteer should be able to perform to be competent in an area.
- **Suggested Trainings/Tools** are recommended resources and trainings, most of which are available on-line and free of cost, that will enable volunteers to meet the competencies.

The trainings are accessible through **MRC-TRAIN**.

(Instructions to enroll and begin learning are detailed below.)

To enroll in MRC-TRAIN:

- 1) Login to MRC-TRAIN: <https://www.mrc.train.org>
- 2) Click on “CREATE ACCOUNT” box
- 3) Read and check “I agree to these TRAIN policies” box
- 4) Click on “Next”
- 5) Complete “Required Fields*”
- 6) Click on “Next”

To begin learning:

- 1) Login to MRC-TRAIN: <https://www.train.org>
- 2) Click on “COURSE CATALOG” on left side of page.
- 3) Key in selected course using course title or
MRC-TRAIN ID.
- 4) Click on course title.
- 5) Click on “REGISTER”.
- 6) Select “CREDIT TYPE” from drop down menu.
- 7) Click on green “LAUNCH” on right side of page.

Learning Path: Volunteer Preparedness

DMPH Competency	MRC Performance Qualifications	Suggested Trainings/Tools	Format/Skill Level
Demonstrate personal and family preparedness for disasters and public health emergencies	Complete a personal and family preparedness plan.	<p><u>IS-909 - Community Preparedness: Implementing Simple Activities for Everyone</u> MRC-TRAIN ID: 1031352</p> <p><u>Animal Emergency Preparedness</u> MRC-TRAIN ID: 1025307</p>	<p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p>
Demonstrate knowledge of personal safety measures that can be implemented in a disaster or public health emergency	Demonstrate safe behaviors during MRC activities.	<p><u>Personal Protective Equipment (PPE)</u> MRC- TRAIN ID: 1051588</p> <p><u>IS-5.a An Introduction to Hazardous Materials</u> MRC-TRAIN ID: 1011884</p> <p><u>Occupational Health for Public Health Responders (Basics of Public Health Preparedness, Module 6)</u> MRC-TRAIN ID: 1046406</p> <p><u>Health and Safety in Disaster Recovery</u> MRC-TRAIN ID: 1052231</p> <p><u>Disaster Responder Health and Safety</u> MRC-TRAIN ID: 1037220</p> <p><u>HAZMAT for Healthcare Providers: Awareness Level</u> MRC-TRAIN ID: 1048614</p>	<p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Webstream/Archived Webcast; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p>

Learning Path: Volunteer Response

DMPH Competency	MRC Performance Qualifications	Suggested Trainings/Tools	Format/Skill Level
<p>Demonstrate knowledge of one's expected role(s) in organizational and community response plans activated during a disaster or public health emergency</p>	<p>Follow procedures to successfully activate, report and demobilize.</p> <p>Follow policies and procedures related to professional and ethical representation of the MRC.</p> <p>Describe the chain of command (e.g. NIMS, ICS, EMS) during MRC activities.</p>	<p><u>MRC Factors for Success: Alerting, Activating, and Demobilizing Volunteers</u> MRC-TRAIN ID: 1052374</p> <p><u>IS-100.b - Introduction to Incident Command System</u> MRC-TRAIN ID: 1057157</p>	<p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p>
<p>Communicate effectively with others in a disaster or public health emergency</p>	<p>Describe the member's communication responsibilities and procedures.</p>	<p><i>TBD</i></p>	<p><i>TBD</i></p>
<p>Demonstrate knowledge of surge capacity assets consistent with one's role in organizational, agency, and/or community response plans</p>	<p>Describe how MRC serves the community.</p>	<p><u>Surge Capacity for Disasters: The Potential Role of the Community and Public Health Nurse</u> MRC-TRAIN ID: 1008833</p> <p><u>IS-26 Guide to Points of Distribution</u> MRC-TRAIN ID: 1017010</p> <p><u>Mass Dispensing Overview: An SNS Perspective</u> MRC-TRAIN ID: 1054681</p>	<p>Webstream/Archived Webcast; <i>Introductory</i></p> <p>Text-Based (Print and Electronic Based); <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p>

DMPH Competency	MRC Performance Qualifications	Suggested Trainings/Tools	Format/Skill Level
<p>Demonstrate knowledge of principles and practices for the clinical management of all ages and populations affected by disasters and public health emergencies, in accordance with professional scope of practice</p>	<p>Identify the impact of an event on the behavioral Health of the MRC member and their family, team, and community.</p> <p>Describe how MRC serves the community.</p> <p>Demonstrate cultural humility during MRC activities.</p>	<p><u>Psychological First Aid (PFA) Online</u> MRC-TRAIN ID: 10022214</p> <p><u>Disaster Triage for Epidemics</u> MRC-TRAIN ID: 1012119</p> <p><u>Nurses on the Front Line: Preparing for and Responding to Emergencies and Disasters</u> MRC-TRAIN ID: 1013008</p>	<p>Web-Based Training Self-Study; <i>Intermediate</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Intermediate</i></p>

Learning Path: Volunteer Leadership

DMPH Competency	MRC Performance Qualifications	Suggested Trainings/Tools	Format/Skill Level
<p>Demonstrate situational awareness of actual/potential health hazards before, during, and after a disaster or public health emergency</p>	<p>Describe how MRC serves the community.</p>	<p><u>Chemical Emergencies and the Role of Public Health</u> MRC-TRAIN ID: 1032732</p> <p><u>You are the Help Until Help Arrives (Interactive Video)</u> MRC-TRAIN ID: 1069846</p> <p><u>You are the Help Until Help Arrives (Online Web-based Training)</u> MRC-TRAIN ID: 1069847</p> <p><u>You are the Help Until Help Arrives (Materials for hands-on, instructor-led training)</u> MRC-TRAIN ID: 1069848</p>	<p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Webcast (Recorded); <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Text-Based (Print and Electronic Based); <i>Introductory</i></p>
<p>Demonstrate knowledge of public health principles and practices for the management of all ages and populations affected by disasters and public health emergencies</p>	<p>Demonstrate cultural humility during MRC activities.</p> <p>Describe how MRC serves the community.</p> <p>Identify the role of public health in the community.</p>	<p><u>Disability and Disaster</u> MRC-TRAIN ID: 1052223</p> <p><u>Disaster Service Worker (DSW)</u> MRC-TRAIN ID: 1017965</p> <p><u>Risk Communication for High Risk and At-Risk Populations</u> MRC-TRAIN ID: 1032688</p> <p><u>Culture & Health Literacy: Beyond Access</u> MRC-TRAIN ID: 1014435</p>	<p>Webstream/Archived Webcast; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Intermediate</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p>

Learning Path: Volunteer Support for Community Resiliency

DMPH Competency	MRC Performance Qualifications	Suggested Trainings/Tools	Format/Skill Level
<p>Demonstrate knowledge of ethical principles to protect the health and safety of all ages, populations, and communities affected by a disaster or public health emergency</p>	<p>Follow policies and procedures related to professional and ethical representation of the MRC.</p> <p>Demonstrate cultural humility during MRC activities.</p>	<p><u>Good Decision Making in Real Time: Practical Public Health Ethics for Local Health Officials</u> MRC-TRAIN ID: 1050534</p> <p><u>Applying Ethical Frameworks During Severe Pandemic Influenza</u> MRC-TRAIN ID: 1023487</p> <p><u>Law and Ethics in Public Health (Public Health Ethics, Module 4)</u> MRC-TRAIN ID: 1050892</p>	<p>Web-Based Training Self-Study; <i>Intermediate</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p>
<p>Demonstrate knowledge of legal principles to protect the health and safety of all ages, populations, and communities affected by a disaster or public health emergency</p>	<p>Demonstrate safe behaviors during MRC activities.</p> <p>Follow policies and procedures related to professional and ethical representation of the MRC.</p> <p>Demonstrate cultural humility during MRC activities.</p>	<p><u>Public Health and the Law: An Emergency Preparedness Training Kit</u> MRC-TRAIN ID: 1050167</p> <p><u>Legal Aspects of Public Health Emergency Preparedness</u> MRC-TRAIN ID: 1051021</p>	<p>Web-Based Training Self-Study; <i>Introductory</i></p> <p>Web-Based Training Self-Study; <i>Introductory</i></p>
<p>Demonstrate knowledge of short- and long-term considerations for recovery of all ages, populations, and communities affected by a disaster or public health emergency</p>	<p>Identify the impact of an event on the behavioral health of the MRC member, their family, team and community.</p> <p>Demonstrate cultural humility during MRC activities.</p>	<p><u>Long Term Recovery Basics</u> MRC-TRAIN ID: 1052226</p> <p><u>Social Media and Long-term Recovery</u> MRC-TRAIN ID: 1052242</p>	<p>Blended Learning Series; <i>Introductory</i></p> <p>Webstream/Archived Webcast; <i>Introductory</i></p>