

I got tested for COVID-19. Now what?

While waiting for results:

- If you feel sick, stay home.
- If you don't feel sick, continue taking precautions:
 - wear a mask in public
 - wash your hands
 - stay 6 feet away from others



If you're negative, continue following the above guidance.

If you're positive, Lorain County Public Health will call and ask:



Are you OK? Are you medically able to talk with us?



When did you first begin to feel sick? What are your symptoms?



Who were you in close contact with?

We'll help identify your close contacts - who you might have exposed to COVID-19. We'll ask for phone numbers of close contacts. See *"What is contact tracing?"* on opposite page.



Do you need any resources or extra support?



Do you have any questions?



Lorain County Public Health will NEVER ask for:

- Your social security number
- Financial information or money



**Lorain County
Public Health**
For the Health of Us All

440-322-6367

What is contact tracing?

Contact tracing is a prevention effort that...

- Helps slow the spread of COVID-19 by keeping potentially sick people at home
- Provides a way for Lorain County Public Health to reach out and help during a challenging time
- Helps health officials learn more about this new virus

Key points of contact tracing

Communication

We'll talk about how to protect your family, and how to communicate with your work.

Timeliness

It's important to quarantine contacts quickly -- people can spread COVID-19 even if they don't feel sick.

Confidentiality

Your privacy is so important that we don't even tell your contacts that you are the positive case (unless you give permission).

Collaboration

By working together, we can successfully get people back into their normal routines and prevent the spread of COVID-19

How contact tracing works:

LCPH follows up with all *close contacts* of a confirmed case to begin the process below.



Contact with symptoms



Self-quarantine at home for 14 days minimum.
+
Contact goes 24 hours without symptoms.
+
10 days have passed since symptoms began.
+
Ask about contacts.



Contact without symptoms



Self-quarantine at home for 14 days.
Report temperature and symptoms to LCPH daily via phone or text.



If no symptoms after 14 days, contact is at low risk of getting COVID-19 from the person confirmed with COVID-19.



Missed contact



May spread COVID-19 to new contacts.



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