

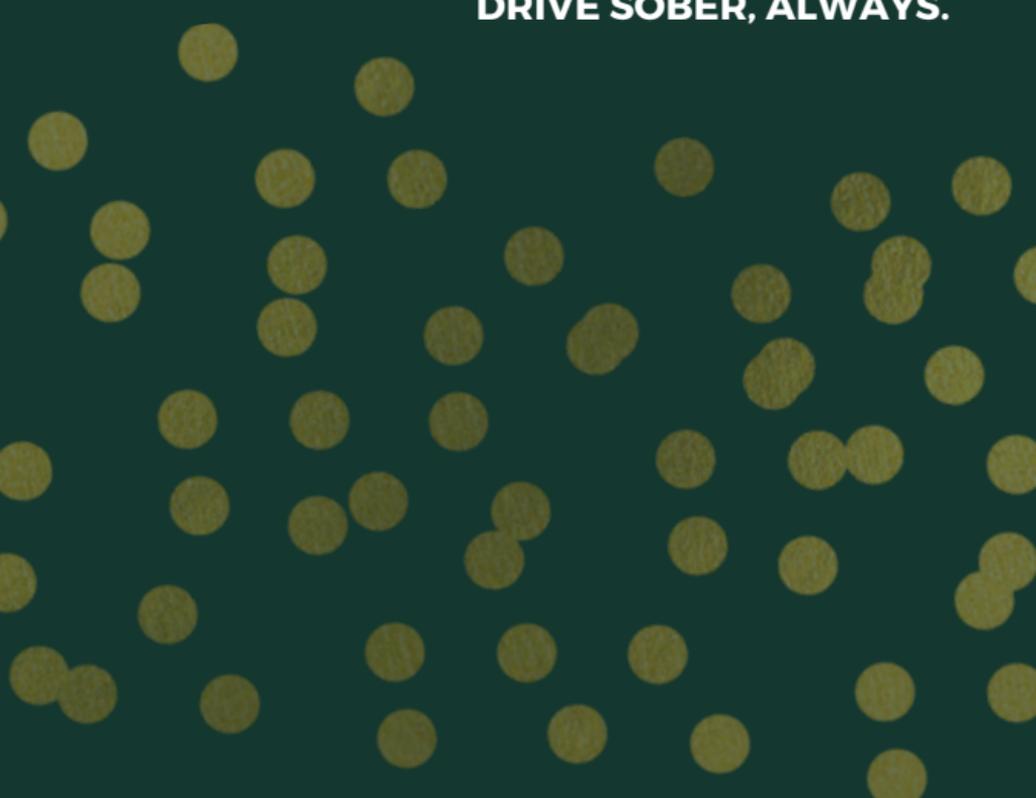
Recipes they'll love!



# PARTY DRINKS

for Designated Drivers

20th annual  
**ZERO PROOF MIX OFF**  
DRIVE SOBER, ALWAYS.



**Safe  
Communities  
Coalition**  
Lorain County



**Lorain County  
Public Health**  
For the Health of Us All



# Safe Communities Coalition

Lorain County

## ABOUT THE "PARTY DRINKS FOR DESIGNATED DRIVERS" BOOK

Kicking off every winter holiday season since 2001, the Zero Proof Mix Off party draws hundreds of Lorain County residents to taste test zero-proof drinks.

The drinks are mixed by creative community groups competing for the best drinks!

The Mix Off is a party with a purpose-to encourage everyone to drive sober and to serve non-alcoholic options at parties. The event honors designated drivers and raises awareness of the importance of driving sober.

**This book keeps the party going.**

The Safe Communities Coalition encourages everyone to make a Mix Off drink at holiday celebrations.

Get involved in a future Mix Off or join the Safe Communities Coalition. Contact us at [HealthEd@LorainCountyHealth.com](mailto:HealthEd@LorainCountyHealth.com) or call 440-322-6367.

# Table of Contents

## 2021 Drinks

<i>Candy Cane Delight</i> Elyria Catholic High School.....	2
<i>Chocolate Coquito</i> Firelands Counseling and Recovery.....	3
<i>Feelin' Frosty</i> Let's Get Real.....	4
<i>High Sobriety</i> Lorain County Common Pleas General Division Court Administration.....	5
<i>Sunset in the Park</i> Lorain County Metro Parks.....	6
<i>Supercell-Abration Cider</i> Lorain County Office of Emergency Management and Homeland Security.....	7
<i>Fruit-tail</i> Mental Health, Addiction and Recovery Services Board of Lorain County.....	8
<i>Rudolph's Red Nose</i> NAMI Lorain County.....	9
<i>Declawed</i> Ohio State Highway Patrol.....	10
<i>Groove United</i> United Way of Greater Lorain County.....	11

## Looking for a recipe from the past?

Download a recipe book at  
[LorainCountyHealth.com/DriveSober](http://LorainCountyHealth.com/DriveSober)

# CANDY CANE DELIGHT



ELYRIA CATHOLIC  
HIGH SCHOOL

## INGREDIENTS:

- 4 scoops vanilla ice cream
- Splash of eggnog
- 4 chocolate mint cookies
- 1 tsp. cinnamon
- Dash of pumpkin spice
- 1 c. 2 % milk

## DIRECTIONS:

1. Blend all ingredients together.
2. Garnish with crushed candy canes.
3. Sprinkle with pumpkin spice.
4. Sip and enjoy.

# CHOCOLATE COQUITO



**FIRELANDS**  
Regional Medical Center

**Counseling & Recovery Services**

## INGREDIENTS:

Serves about 11 cups.

- ¼ c. unsweetened cocoa (Hershey's or Ghirardelli)
- 1 tbsp. instant coffee powder
- ⅓ c. semi-sweet or dark chocolate chips
- 4 (12 oz.) cans evaporated milk divided
- 1 (15 oz.) can cream of coconut liquid portion
- 2 (13.5 oz.) cans coconut milk, unsweetened
- 14 oz. can condensed milk
- 1 tbsp. cinnamon
- 1 tbsp. vanilla extract

## DIRECTIONS:

1. In a sauce pan, mix the coffee, cocoa, and chocolate chips with 1 can of evaporated milk.
2. Heat on medium and stir until chocolate chips melt together with cocoa and milk. Stir constantly.
3. Into the pan, add the remaining can of evaporated milk with the cooled chocolate mixture.
4. Blend together. Add the remaining ingredients.
5. Mix until all combined well. Heat stirring until the cream of coconut is blending in well. Cool and then serve.

# FEELIN' FROSTY



Let's Get Real, Inc.

## INGREDIENTS:

Serves about 12 servings.

- 1 gal. blue Hawaiian punch
- 1 (2 liter) sprite
- 12 oz. pineapple juice
- 1 pt. vanilla ice cream
- 1 can of whipped cream
- Festive sprinkles

## DIRECTIONS:

1. Chill first three ingredients.
2. In a large punch bowl, stir together the punch, Sprite, and pineapple juice.
3. Just before serving, drop in the scoops of ice cream. Gently stir, just until slightly frothy.
4. Ladle punch into glasses to serve, topping each glass off with a small scoop of ice cream.
5. Top off with a dollop of whipped cream and festive sprinkles.

# HIGH SOBRIETY



## LORAIN COUNTY COURT OF COMMON PLEAS

### INGREDIENTS:

- 1 qt. lemonade
- 2 c. pineapple juice
- 2 c. sprite
- Maraschino cherry



### DIRECTIONS:

1. Add ingredients and mix.
2. Add ice.
3. Top with a maraschino cherry.
4. Enjoy. :)

# SUNSET IN THE PARK



## INGREDIENTS:

- 1 carton (59 oz.) pineapple juice
- 1 liter cream soda (preferably clear)
- Dash of grenadine
- Maraschino cherries
- Pineapple slices
- Shaved ice

## DIRECTIONS:

1. Mix pineapple juice and cream soda, let set in freezer for 30 mins to get cold.
2. Mound shaved ice into cup, add pineapple/cream soda mix on top, enough to cover ice.
3. Add a dash of grenadine on top for color.
4. Garnish with maraschino cherry and pineapple slice.

# SUPERCELL-ABRATION CIDER



## INGREDIENTS:

- ½ gal. apple cider
- 1 (2 liter) ginger ale
- 4 tsp. salted caramel syrup
- ½ tsp. ground cinnamon
- Cinnamon sticks and sliced apples for garnish

## DIRECTIONS:

1. In a large punch bowl, mix thoroughly chilled apple cider and ginger ale together.
2. Add in caramel syrup and ground cinnamon. Mix gently.
3. Garnish with a few cinnamon sticks and sliced apples.

# FRUIT-TAIL



M · H · A · R · S

MENTAL HEALTH, ADDICTION AND RECOVERY SERVICES  
BOARD OF LORAIN COUNTY

## INGREDIENTS:

- 4 packages of Kool-Aid unsweetened tropical flavored drink mix powder
- 4 qts. of water
- 3 c. organic cane sugar
- 1 (2 liter) of ginger ale
- 1 (106 oz.) juice drained from can of fruit cocktail in light syrup

## DIRECTIONS:

1. Mix Kool-Aid and sugar and ginger ale to taste.
2. Add drained juice from fruit cocktail.
3. Blend drained fruit and ice.
4. Poor crushed ice and fruit into glass and add punch.

# RUDOLPH'S RED NOSE



National Alliance on Mental Illness

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## Lorain County

### INGREDIENTS:

- 1/3 c. white sugar
- 1 qt. of cranberry juice
- 2 c. unsweetened pineapple juice
- 3 tbsp. almond extract
- 1 (2 liter) of ginger ale

### DIRECTIONS:

1. Mix together sugar, cranberry juice, pineapple juice, and almond extract.
2. Refrigerate for one day.
3. Mix juice mix and ginger ale and serve.

# DECLAWED



## INGREDIENTS:

- 2 lemon wedges
- 2 lime wedges
- 2 orange wedges
- 4 tsp. simple syrup
- 4 oz. sparkling water or club soda
- 2 tsp. lemon juice
- 1 tsp. lime juice
- 1 oz. orange juice

## DIRECTIONS:

### Lemon-Lime Declawed

1. Place 1 lemon wedge & one lime wedge in an empty glass and mash.
2. Fill glass with ice (amount as desired).
3. Pour 4 oz. of sparkling water or club soda.
4. Add 4 tsp. simple syrup.
5. Add 2 tsp. lemon juice and 1 tsp. of lime juice.
6. Stir gently.
7. Garnish with 1 lemon wedge and 1 lime wedge.

### Orange Declawed

1. Place 1 orange wedge in an empty glass and mash.
2. Fill glass with ice (amount as desired).
3. Pour 4 oz. of sparkling water or club soda.
4. Add 4 tsp. of simple syrup.
5. Add 1 oz. orange juice.
6. Stir gently.
7. Garnish with 1 orange wedge.

# GROOVE UNITED



## United Way of Greater Lorain County

### INGREDIENTS:

- 1 c. ginger ale
- 1 c. berry lemonade
- ½ c. Hawaiian punch
- 3 oz. pineapple juice
- 6 oz. lemon sparking water
- 2 scoops blended raspberry sherbet

### DIRECTIONS:

1. Combine the ingredients.
2. Top with raspberry sherbet and frozen raspberries.



## STAY SAFE AND DRIVE SOBER

- Plan ahead by finding a safe way home before the festivities begin. A sober driver is the way to go.
- If you've had too much to drink, use an app like Uber or Lyft. Call a sober friend or family member, a taxi, or use public transportation.
- If you see an impaired driver on the road, pull over and call #677 or 911.

## BE A GREAT HOST ALL YEAR LONG

- Offer your favorite non-alcoholic beverage from the Zero Proof Mix Off as an option for guests.
- Make non-alcoholic options as appealing and available as alcoholic options.
- Help guests to coordinate safe rides home before the party starts.
- Close the bar at least 90 minutes before the party ends.

## ALCOHOL-FREE PARTY IDEAS

- Host your own Zero Proof Mix Off – ask guests to create non-alcoholic drink recipes as part of a competition.
- Try a white elephant gift exchange.
- Have guests dress up in a theme to make the party unique and fun.
- Craft an exciting holiday menu that will be the talk of the party.

**THANK YOU!**

**AAA EAST CENTRAL**

**WEOL 930 AM & 100.3 FM**

**ALL VOLUNTEERS!**

**JUDGES**

**Lt. Mark Cawthon, Amherst Police Department**

**Lori Cook, AAA East Central**

**Law Director Amanda Deery, City of Elyria**



# Safe Communities Coalition

Lorain County

## WHO WE ARE

For nearly 30 years the Safe Communities Coalition (SCC) has worked through community initiatives that involve engineering, enforcement and education.

## OUR MISSION

To prevent injuries and deaths on Lorain County roads.

## WHAT WE DO

- Review and analyze Lorain County crash data.
- Raise traffic safety awareness via campaigns, events, interventions, and social media.
- Educate about the importance of wearing your seat belt, driving sober, motorcycle safety, driving focused, and bicycle and pedestrian safety.
- Facilitate the Traffic Fatality Review Committee, to review all fatal traffic crashes in Lorain County and identify trends and possible interventions to prevent future crashes.



# Safe Communities Coalition

Lorain County

- ***FOLLOW THE RULES OF THE ROAD.***
- ***WATCH OUT FOR PEDESTRIANS & MOTORCYCLES.***
- ***WEAR A HELMET.***
- ***GIVE BICYCLISTS 3 FEET.***
- ***SLOW DOWN.***
- ***DRIVE & RIDE SOBER & FOCUSED.***
- ***BUCKLE UP.***



# Thank you

for keeping Lorain County  
roads safe!

## Make a drink?

use the hashtag  
#DriveSoberLorainCounty  
and tag us!

 @LorainCoHealth

 @LorainCoHealth

 @LorainCountyHealth

 [LorainCountyHealth.com](http://LorainCountyHealth.com)



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