

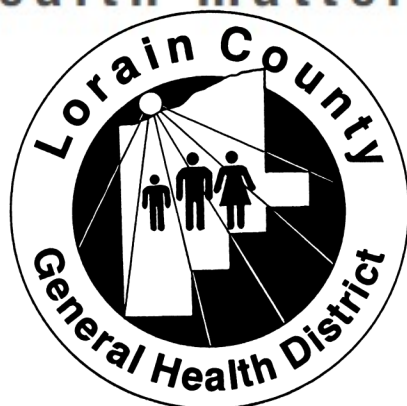


# Winners

share the ball, not their

# germs.

Practice good hygiene: Do not share personal items, such as towels or razors. Wash your hands frequently. Shower immediately after every practice and game. Use clean towels each time you shower. Launder clothes and towels after each use. Your health matters.



*"For The Health of Us All"*



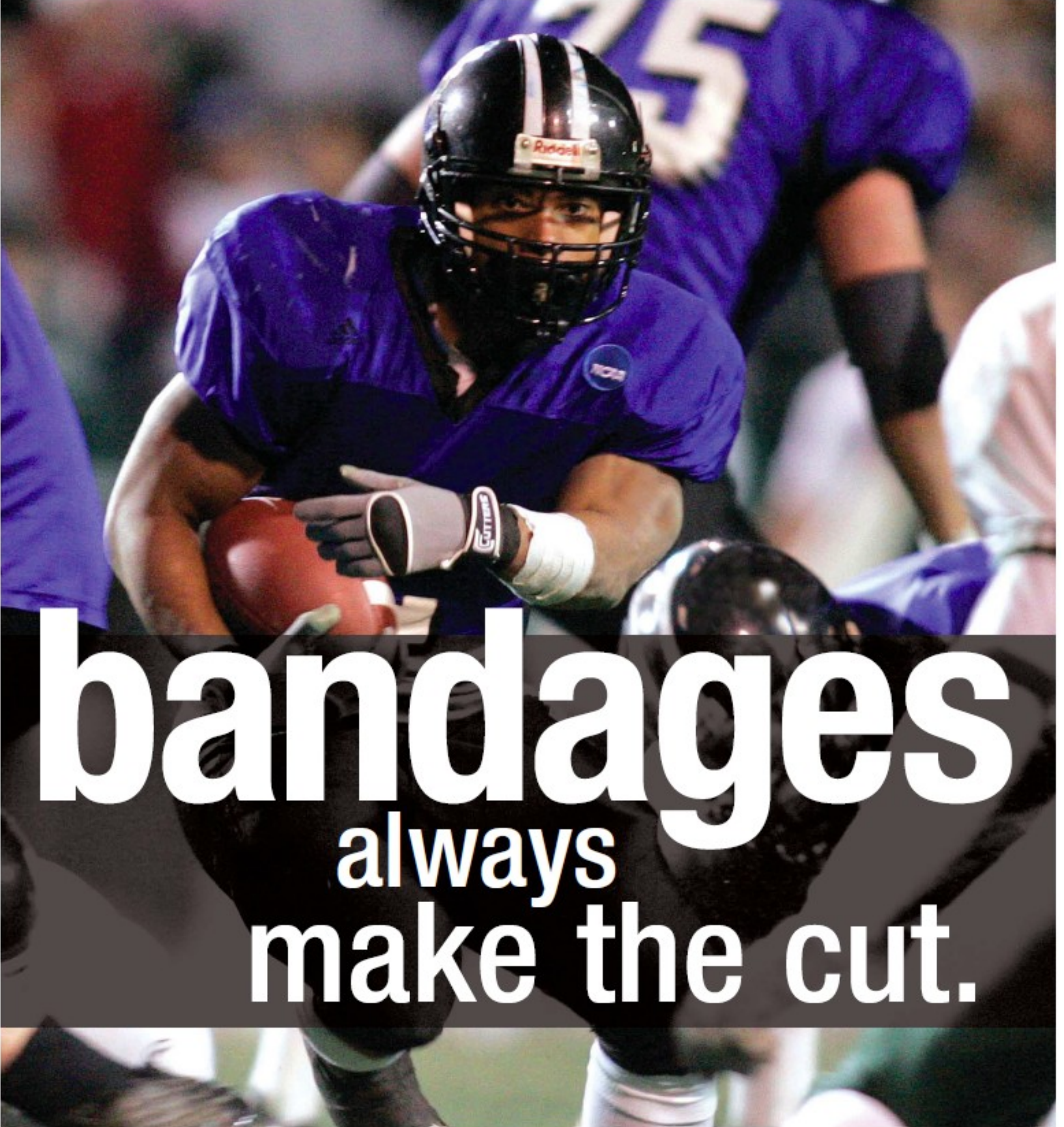
# skin infections can be passed between athletes.

Practice good health: Report skin infections to your athletic trainer, coach or team physician. Recognize the signs of infection: skin sores/lesions that have redness, pain, swelling or pus. Don't treat yourself. When in doubt, check it out.



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# bandages always make the cut.

Practice good wound care: Keep cuts and scrapes clean and covered with a bandage until healed. Avoid contact with other people's wounds or bandages. Your health matters.



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# A GOOD PLAYER WILL PASS THE BALL, NOT STAPH.



Do not share personal items such as towels or razors.

**Wash your hands frequently.**  
**Shower immediately**  
after each practice and game.

Use clean towels each time you shower.

Laundry clothes and towels after each use.



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# BLOOD IS NOT PART OF YOUR UNIFORM.



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Keep cuts and scrapes clean and covered  
**with a bandage until healed.**

Avoid contact with other  
**people's wounds or bandages.**

**Wash your hands**  
before and after changing bandages.



# WHEN IN DOUBT, CHECK IT OUT.



## Report skin infections

to your athletic trainer, coach or team physician.

**Recognize the signs of infections:**  
skin sores/lesions that have redness, pain, swelling or pus.

**Don't treat yourself.**



*"For The Health of Us All"*