2010

# ZERO PROOF MIX-OFF!

## Drink Recipe Book

***Every year, the National Highway Traffic Safety Administration compiles data on crashes that occur on U.S. roads and highways.***

# Join Santa and say *NO-NO-NO* to drinking and driving this Holiday Season!

**Did You Know?**

- Impaired driving is a deadly crime that's common throughout America and is especially common among young males 21 to 34 years old.

- Each year, nearly 12,000 people die on our roads due to impaired driving. That would be equal to about 30 jumbo jets crashing each year.

**Lorain County Injury and Fatal Crash Count:**

- 1/5th of Lorain County Crashes in 2010 were alcohol-related.
- As of October 31, 2010 in Lorain County, there were 15 total crashes with 16 people killed in 2010. Of those 15 crashes, 3 have been confirmed as OVI (Operating a Vehicle While Impaired) related.
- In 2009, Lorain County had the highest amount of arrests for Felony OVIs in the entire state.

*For more information on alcohol-related crash facts, please visit the National Highway Traffic Safety Administration at www.nhtsa.gov, www.stopimpaireddriving.org and the Ohio Department of Public Safety at www.publicsafety.ohio.gov.*

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# Midnight Craving By Santa's Elves

***Mixed By:***
***Alcohol and Drug Addiction Services Board Of Lorain County***

## Ingredients:

Milk
Vanilla ice cream
Frozen Raspberries
Chocolate Syrup
Reddi-Wip Cream
Sprinkles (optional)

## Directions:

Blend raspberries, vanilla ice cream and milk. Pour and top with Reddi-Wip cream and chocolate syrup. Add sprinkles (optional) for fun/décor.

*Enjoy this sweet craving*

Alcohol and Drug Addiction Services Board
OF LORAIN COUNTY

# Santa's Gold

***Mixed By:***
***Communities That Care of Lorain County in collaboration with Sidonia Chapter #69 Order of Eastern Star PHA***

## Ingredients:

48 Oz. pineapple juice
2 Liters pineapple soda
2 Liters lime soda
1 Gallon citrus gold
1 Quart orange-flavored tea
Lemons/Oranges (6-8 total)
2 Packages Kool-Aid (strawberry or orange)
Ice

## Directions:

In a blender, mix various proportions of ingredients to your taste. Add ice and blend until mixture reaches desired slushiness. Adjust various ingredients for additional tartness/sweetness.

Dress in holiday red and gold Santa hat optional! Enjoy Santa's Gold!

8 Ounces/115 calories

Communities That Care

# Viva la Crème de Menthe

***Mixed By: Elyria Print & Copy***

## Ingredients:

2-1/2 Cups of chocolate milk
2-1/2 Cups of freshly brewed coffee
4 Squares of dark chocolate
(higher % cocoa the better)
6 Finely crushed peppermint candies
**Whipped cream
Chocolate sprinkles

## Directions:

Brew a fresh pot of coffee. Pour hot coffee onto squares of dark chocolate in a container capable of handling very hot coffee. Stir in the crushed peppermint candies until all are melted and no bits remain. Add chocolate milk and stir. Refrigerate until very cold.

**Whipped cream directions: In bowl, mix 1 cup of very cold whipping cream, 1 teaspoon of vanilla, 2 tablespoons of powdered sugar. Whip for about 4 minutes or until thick. Place in refrigerator.

Once drink mix is chilled, pour in glass or mug. Top with whipped cream and sprinkles to taste.

Makes 2-3 servings.

# Creamy Thin Mint Juliette

***Mixed By:***
***Girl Scouts of North East Ohio***

## Ingredients:

1/2 Box of Thin Mint Girl Scout cookies***
6 Cups of vanilla ice cream
1 Cup of milk
1 Can of whipped cream

## Directions:

Mix cookies, ice cream and milk in blender. Blend until desired thickness. Serve in tall milkshake glass and top with whipped cream. Garnish with crumbled cookies.

Makes 2 servings.

***Girl Scout Thin Mints: Tasty thin wafer covered with a smooth chocolate coating. Made with natural peppermint.

girl scouts
of north east ohio

# Caramel Apple Delight

***Mixed by:***
***Lorain County Board of Developmental Disabilities – Early Intervention Program***

## Ingredients:

2 Cups vanilla ice cream
1 Cup prepared caramel apple dip
3/4 Cup frozen apple juice concentrate
1-1/2 Teaspoon ground cinnamon
1/2 Teaspoon ground allspice
1/4 Teaspoon ground nutmeg
1/8 Teaspoon ground cloves

Whipped cream, cinnamon, or caramel sauce for garnish.

## Directions:

Place all ingredients in blender and blend until smooth. Spoon 1/3 cup of mix into large mug. Add 6 ounces boiling water, stir until dissolved. Top with whipped cream, cinnamon or caramel sauce. Mixture may be made ahead and stored in the freezer.

Makes 10 servings

Murray Ridge
Helping People...
Since 1968

# FELONY 4

***Mixed by:***
***Lorain County Community College Police Academy***

## Ingredients:

3 Oreo cookies
3 Oz. milk
1/2 Oz. vanilla syrup
2 Vanilla ice cream scoops
1/2 Cup crushed ice
Aerosol whipped cream

## Directions:

Blend; then garnish with an Oreo cookie, whipped cream and straw.

Lorain County Community College

# The Senator

***Mixed by:***
***Lorain County Community College Student Senate***

## Ingredients:

1 Oz. mango juice
3 Oz. pineapple juice
2 Oz. orange juice
1 Banana
1/2 Oz. grenadine syrup
Crushed ice
Pineapple chunks
Mango ice cream

## Directions:

Combine all ingredients together.

# Don't Get Plowed Punch

***Mixed by:***
***Lorain County Engineer***

## Ingredients:

3 Cups softened coconut ice cream
6 Cups pineapple juice - chilled
60 Oz. ginger ale – chilled
Finely shredded coconut, for garnish
1 Can cream of coconut, for garnish

## Directions:

In a small punch bowl, stir together the coconut ice cream and pineapple juice until well mixed. Gently stir in ginger ale and serve immediately.

To garnish serving cup, dip rim of cup in cream of coconut and dip immediately in shredded coconut.

Makes one gallon.

# Jungle Juice Smoothie

***Mixed by:***
***Lorain County 4-H CARTEENS***

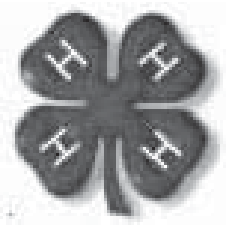
## Ingredients:

1 Banana
2 Cups orange juice
1 Dash ginger
1 Cup ice
Optional: (for garnishments)
Slice of orange
Slice of pineapple

## Directions:

Break the banana into chunks. Place banana, orange juice and ginger into blender. Blend on medium until smooth (no chunks). Add ice and blend until desired thickness. Pour and serve. May be garnished with a slice of orange or pineapple.

Makes 1 serving.



# Somewhere Over the Rainbow

***Mixed By: Lorain County Metro Parks***

## Ingredients:

1/2 Gallon rainbow sherbet
1 Small bag of crushed ice
2 Liter bottle of 7-Up (or any lemon-lime soda) chilled
2 Liter bottle of ginger ale, chilled
2 Liter bottle of non-carbonated fruit punch, chilled

## Directions:

Put small scoops of sherbet into large empty punch bowl. Only use half of the half gallon of sherbet. Add a small amount of crushed ice. Pour half of the 7-Up, ginger ale and punch into the bowl. Mix well. If the punch loses its punch (pardon the pun) when the ice melts, mix in a packet of raspberry Kool-Aid or similar powdered drink mix. Return the remaining sherbet and ice to the freezer and keep the remaining pop and punch chilled for the second batch.

LORAIN COUNTY METRO PARKS

# SANTA'S SLURPEE

***Mixed by:***
***Lorain County Prosecutor's Office***

## Ingredients:

3 Unsweetened baking chocolate squares
1 Cup boiling water
3/4 Cup sugar
16 Large marshmallows
1/2 Teaspoon peppermint extract
1 Quart milk
Mint sprigs

## Directions:

Melt chocolate in boiling water. Add sugar and stir until dissolved. Pour into an electric blender container. Add marshmallows and extract; cover and blend until smooth. Mix into milk; chill thoroughly. Mix well before pouring over ice cubes in tall chilled glasses. Garnish each with mint sprig or crushed candy canes.

# Fuzzless Navel

***Mixed By:***
***Lorain County Sheriff's Office***

## Ingredients:

2 Oz. peach nectar
6 Oz. orange juice

## Directions:

Pour peach nectar and orange juice into a chilled glass filled with ice cubes. Stir well and garnish with a slice of orange.

# HIGH VOLTAGE

***Mixed by:***
***Lorain-Medina Rural Electric Cooperative***

## Ingredients:

Frozen limeade concentrate
Lemonade concentrate
Water
Sugar
Ginger ale
Ice

## Directions:

Combine lemonade and limeade. Stir in water, sugar and ginger ale. Add ice.

One cup equals 161 calories.

LORAIN-MEDINA RURAL ELECTRIC COOPERATIVE
Your Touchstone Energy® Partner
The power of human connections®

# Jail House Hooch

***Mixed By:***
***North Coast Correctional Treatment Facility***

## Ingredients:

2 Cups whipping cream
6 Cups milk
1 Teaspoon vanilla
1 (12 Oz.) package white chocolate chips

Garnish:
Whipped cream
Candy canes – if desired

## Directions:

Stir together: whipping cream, milk, vanilla and white chocolate in a slow cooker. Cover and cook on low for 2 to 2-1/2 hours, stirring occasionally until mixture is hot and chocolate chips are melted. Stir again before serving. Add whipped cream and candy canes as desired.

# Pinkalicious

***Mixed by:***
***North Ridgeville Police Department***

## Ingredients:

1 Cup apple cider
1/2 Cup pineapple juice
2 Scoops vanilla ice cream
1 Cup of ice
2 Tablespoons grenadine

## Directions:

Blend all ingredients until ice is all chopped up. Serve cold immediately.

# Smizzy Spritzer Splatter

***Mixed by:***
***Oberlin High School***

## Ingredients:

1 or 2 Mangos
Orange juice
Ice
Sprite
Twizzlers
A smile!

## Directions:

Take the pit out of the mangos and place all ingredients - except the Sprite, Twizzlers and smile - in a blender on high for approximately 2 minutes. Add Sprite and use the Twizzler as a straw!

# Tazer Shock Punch

***Mixed by:***
***Oberlin Police Department***

## Ingredients:

2-1/2 Quarts orange juice
2 Cups pineapple juice
1 Cup cream of coconut
2 Small oranges, thinly sliced and halved
3 Cups vanilla ice cream
3 Cups ginger ale
1/2 Cup flaked coconut, toasted (optional)

## Directions:

Combine first 3 ingredients in a punch bowl; cut a split halfway through each orange slice and perch slices around rim of punch bowl. Add scoops of ice cream to punch bowl. Add ginger ale. If desired, sprinkle some coconut over punch.

Yields: 4 quarts

# Reindeer WAKE UP Float

***Mixed by:***
***Ohio State Highway Patrol***

## Ingredients:

4 Cups milk
2 Tablespoons brown sugar
2 Tablespoons water
1/4 Teaspoon almond extract
1/4 Cup instant coffee
Chocolate ice cream

## Directions:

Dissolve the coffee with the water; then add the other ingredients - except the ice cream. Stir well and pour over ice cubes in parfait glasses. Top with a scoop of ice cream in each glass.

This makes approximately 5 servings.

# Winter Berry Blitz

***Mixed by: Smitty's Place***

## Ingredients:

5 Blackberries
5 Blueberries
5 Raspberries
1 Dash allspice
4 Oz. sparkling white grape juice
4 Oz. pomegranate juice
2 Oz. orange juice

Edible glitter )
Greenery ) Garnish
Snowflakes )

## Directions:

Muddle the berries in a mixing glass and add allspice. If making multiple drinks, gently blend berries and spice in a blender or food processor and store for later. Pour berry puree into a cocktail shaker and add orange juice and pomegranate juice. Shake well over ice and strain into a red wine glass. Be sure to rim the glass with edible glitter first. Top with sparkling grape juice and garnish with greenery and snowflakes on the bottom of the glass.

To rim the glass, dip in a simple syrup and then dip into the edible glitter.

Number of servings: One

Smitty's Place
Est 2005
"Where Friends Meet"

# GOING BANANAS FOR SAFETY

***Mixed by:***
*Starbucks at Lorain County Community College*

## Ingredients

1/3 Cup Coffee Base
2/3 Cup Caramel Base
½ Banana
1 Pack Cinnamon Via
1/3 Cup Heavy Cream
1/3 Cup Coffee Frappuccino Syrup
½ Cup of Ice

## Directions:

Combine all ingredients and blend.

Lorain County Community College

# 2009 Winners

## NUCLEAR NIGHTCAP

Lorain County Community College Gamma Tau Sigma
Student Alumni Organization
Winner of 2009: Best Student Drink

**Ingredients:**
½ Cup of lime juice
¾ Cup sugar
4 Cups carbonated water
3 Drops green food coloring
Maraschino cherries
Ice to suit

**Directions:**
Add all ingredients (except cherries) in a 7-cup smoothie blender. Following manufacturer's instructions, blend until a smooth consistency. Dispense into cups. Place cherry on top.
You may opt to place a snowy rim of salt around the edge for a holiday effect!
Serves 6.

**********

## DRINK ME MY RIGHTS

North Ridgeville Police Department
Winner of 2009: Best Name

**Ingredients:**
1 Gallon of your favorite lemonade (home-made or mix)
6 Whole fresh mint leaves
1 Freshly squeezed sweet tangerine juice
6 Sliced strawberries

**Directions:**
Mix all ingredients together and let stand in refrigerator for an hour. Stir before serving over ice or as a hot beverage.

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## HOT BUTTERED SPICED CIDER

Ohio State Highway Patrol
Winner of 2009: Best Overall

**Ingredients:**
Hot Buttered Mix (makes 100 – One Tablespoon Servings):
1 Lb. unsalted butter, softened
1 Lb. light brown sugar
1 Lb. confectioner's sugar
1 Quart vanilla ice cream, softened
1 Tablespoon ground cinnamon
1 Teaspoon ground nutmeg

Cider:
64 Oz. apple cider (half gallon)
32 Oz. cranapple juice (half a bottle)
23 Oz. pineapple juice (half a can)
1 Cup brown sugar
4 Cinnamon sticks
1-1/2 Teaspoon whole cloves

**Directions:**
Cream butter in a large bowl. Blend in sugars. Mix well. Mix in ice cream, cinnamon and nutmeg. Pour into plastic container; seal and freeze. Put liquid in percolator. In percolator basket, place brown sugar, cinnamon sticks and clove. Perk cider like coffee. In a coffee mug, measure 1-3 tablespoons of Hot Butter Mix, then fill with hot cider. Stir well and top with whipped cream and a sprinkle of nutmeg.

# 2009 Winners

## SNOWSTORM PUNCH

Lorain County Engineer's Office
Winner of 2009: Best Presentation

**Ingredients:**
2 Cups sugar
1 Cup water
1 (12 oz.) can evaporated milk
1 Tablespoon almond extract
2 (2 liter) bottles of Squirt
Vanilla ice cream

**Directions:**
Combine 2 cups sugar and 1 cup water in medium saucepan and bring to a low boil. Remove from heat and add one 12 oz. can evaporated milk and 1 tablespoon almond extract. Cool. (Mixture will fill 1 quart jar). When ready to serve, combine 1-1/3 cups milk mixture with one 2-liter of Squirt in a large punch bowl. Add a couple of scoops of vanilla ice cream and top with the other bottle of Squirt. All ingredients should be very cold.

**********

## HOLIDAY SHIMMER

Lorain County Prosecutor's Office
Winner of 2009: Best Taste

**Ingredients:**
Cream soda
Vanilla ice cream
Carmel sundae topping
Whipped cream

**Directions:**
In a large punch bowl, add ½ gallon of vanilla ice cream. Pour over one - 2 liter bottle of cream soda on ice cream (use more or less to suit taste). Add ½ bottle of caramel sundae topping. Stir until blended. Ladle into punch cups and top each cup with whipped cream; drizzle with additional caramel topping.

**********

## CREAMY THINK MINT JULIETTE

Girl Scouts of North East Ohio
Winner of 2009: People's Choice

**Ingredients:**
1/2 Box of Thin Mint Girl Scout cookies***
6 Cups of vanilla ice cream
1 Cup of milk
1 Can of whipped cream

**Directions:**
Mix cookies, ice cream and milk in blender. Blend until desired thickness. Serve in tall milkshake glass and top with whipped cream. Garnish with crumbled cookies. Makes 2 servings.

***Girl Scout Thin Mints: Tasty thin wafer covered with a smooth chocolate coating. Made with natural peppermint.

# Thank You!

## 2010 MIX-OFF PRIZE DONORS

**AAA Insurance**
**b. a. Sweetie Candy Company Inc.**
**The Beck Center for the Arts**
**Cleveland Botanical Garden**
**Cleveland Metro Parks Zoo**
**Dave & Buster's**
**Great Clips**
**Kings Island**
**Lorain County JVS**
**Lake Erie Crushers**
**Liquid Planet**
**Malley's Chocolates**
**Oberlin Inn**
**Sam's Club**
**Smitty's Place**
**Stocker Arts Center**
**Swings-N-Things**
**Petitti Garden Centers**
**Target**
**Texas Roadhouse**

***Every year, the National Highway Traffic Safety Administration compiles data on crashes that occur on U.S. roads and highways.***

**Entertainment Tips for Hosts and Hostesses:**

- Revolve the party around an event, outing or game—not alcohol & food
- Offer non-alcoholic drink options for guests
- Assist guests in coordinating safe rides home and/or carpooling before event
- Be sure that all of your guests have a safe ride home
- Honor designated drivers with a special party favor to thank them for their life-saving efforts

**Motorcycles:**

- **Alcohol negatively affects balance and coordination skills essential to operating a motorcycle**:
- In the United States in 2008, 32% of fatalities in motor vehicle traffic crashes involved at least one driver or motorcycle rider with a BAC of .08 or above — an average of one fatality every 45 minutes.
- 29% of drivers with BACs of .08 or above involved in fatal crashes in 2008 were motorcycle riders, the highest percentage of alcohol-related fatalities of all roadway crashes.

**Time of Day and Day of Week:**

- **Alcohol-related deaths are more likely at night:** The rate of alcohol impairment among drivers involved in fatal crashes was four times higher at night than during the day.
- **Alcohol-related deaths are more likely on the weekends:** Nationally in 2008, 15% of all drivers involved in fatal crashes during the week were alcohol-impaired, compared to 32% on weekends.
- **Children get killed by drunk drivers:** In the US, during 2008, a total of 1,347 children age 14 and younger were killed in motor vehicle traffic crashes. Of this total, 46% were occupants of a vehicle with a driver who had a BAC level of .08 or higher and 16% occurred in alcohol-impaired-driving crashes.

*For more information on alcohol-related crash facts, please visit the National Highway Traffic Safety Administration at www.nhtsa.gov, www.stopimpaireddriving.org and the Ohio Department of Public Safety at www.publicsafety.ohio.gov.*

# 2010 LORAIN COUNTY 9TH ANNUAL

# ZERO PROOF

## MIX-OFF EVENT!

Lorain County Community College

Safe Community Coalition
Lorain County

DRUNK DRIVING
OVER THE LIMIT. UNDER ARREST.

OHIO DEPARTMENT OF PUBLIC SAFETY
EDUCATION • SERVICE • PROTECTION
Governor Ted Strickland
Funded by U.S.DOT/NHTSA & ODPS/OTSO

***Enjoy Your Holiday Season.***

***Be responsible and do not drink and drive.***

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Lorain County Safe Community Coalition
Conducted through the Lorain County General Health District
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