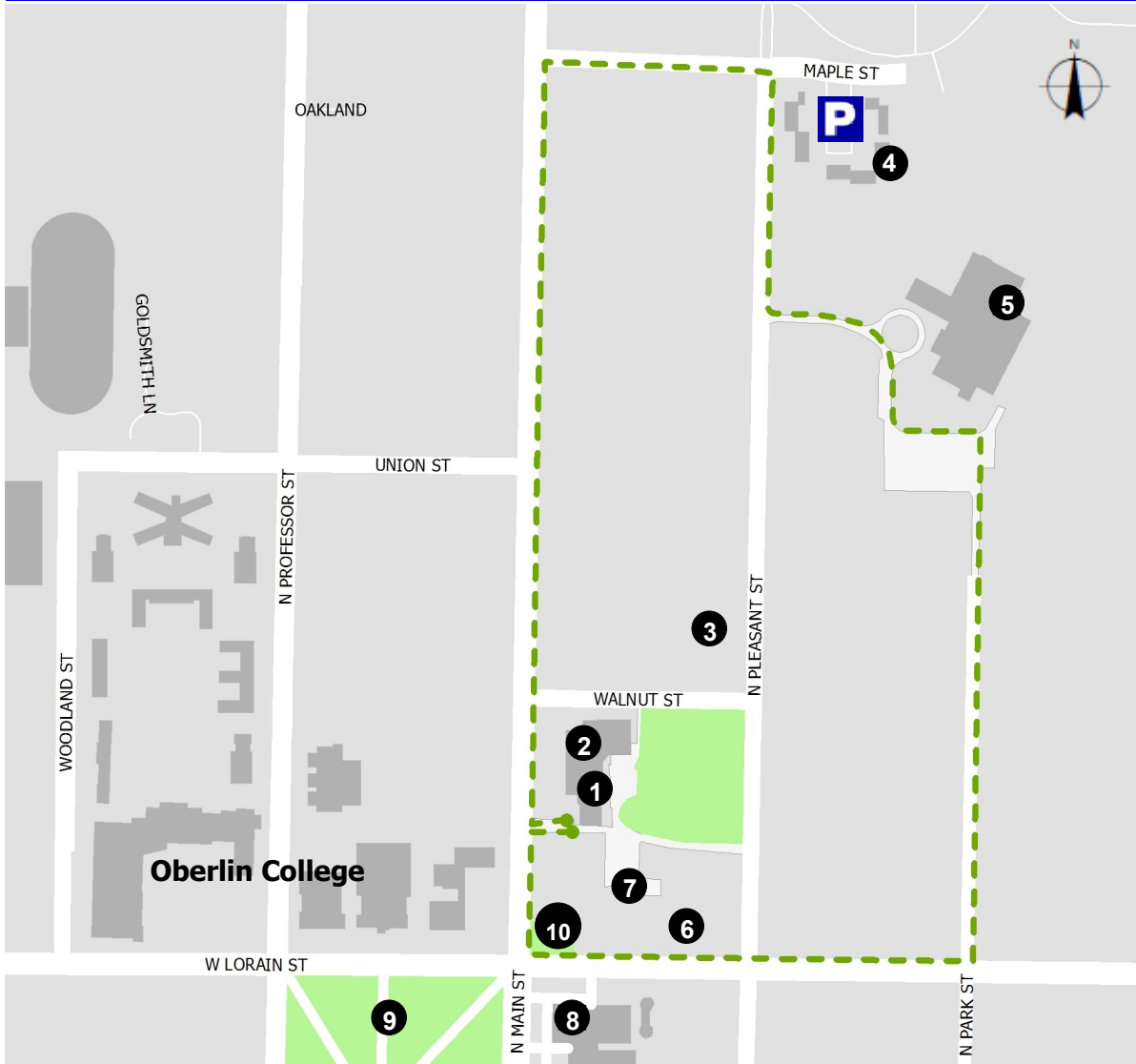


The Phoenix Loop East route provides access to Oberlin businesses, restaurants, historical points of interest and Oberlin High School. This course provides the perfect opportunity for Oberlin School employees to incorporate walking into their lives during lunch breaks and before or after their work day. Additional steps can be acquired on this route by taking laps around the Oberlin High School track.

ESTIMATED STATISTICS: Distance: 1.5 miles	Steps: 3,000	Time: 30 minutes	Calories Burned: 150	Route Type: sidewalk, road
1 lap around either track: Distance: 0.25 mile	Steps: 500	Time: 5 minutes	Calories Burned: 25	Route Type: polyurethane surface



Parking
 Restroom
 Playground

- 1 Langston Middle School
- 2 Oberlin Administrative Office
- 3 Boys and Girls Club of Lorain
- 4 Oberlin High School
- 5 Oberlin High School Track
- 6 Peace Community Church
- 7 First Church in Oberlin
- 8 Allen Memorial Art Museum
- 9 Tappan Square
- 10 Toni Morrison Bench



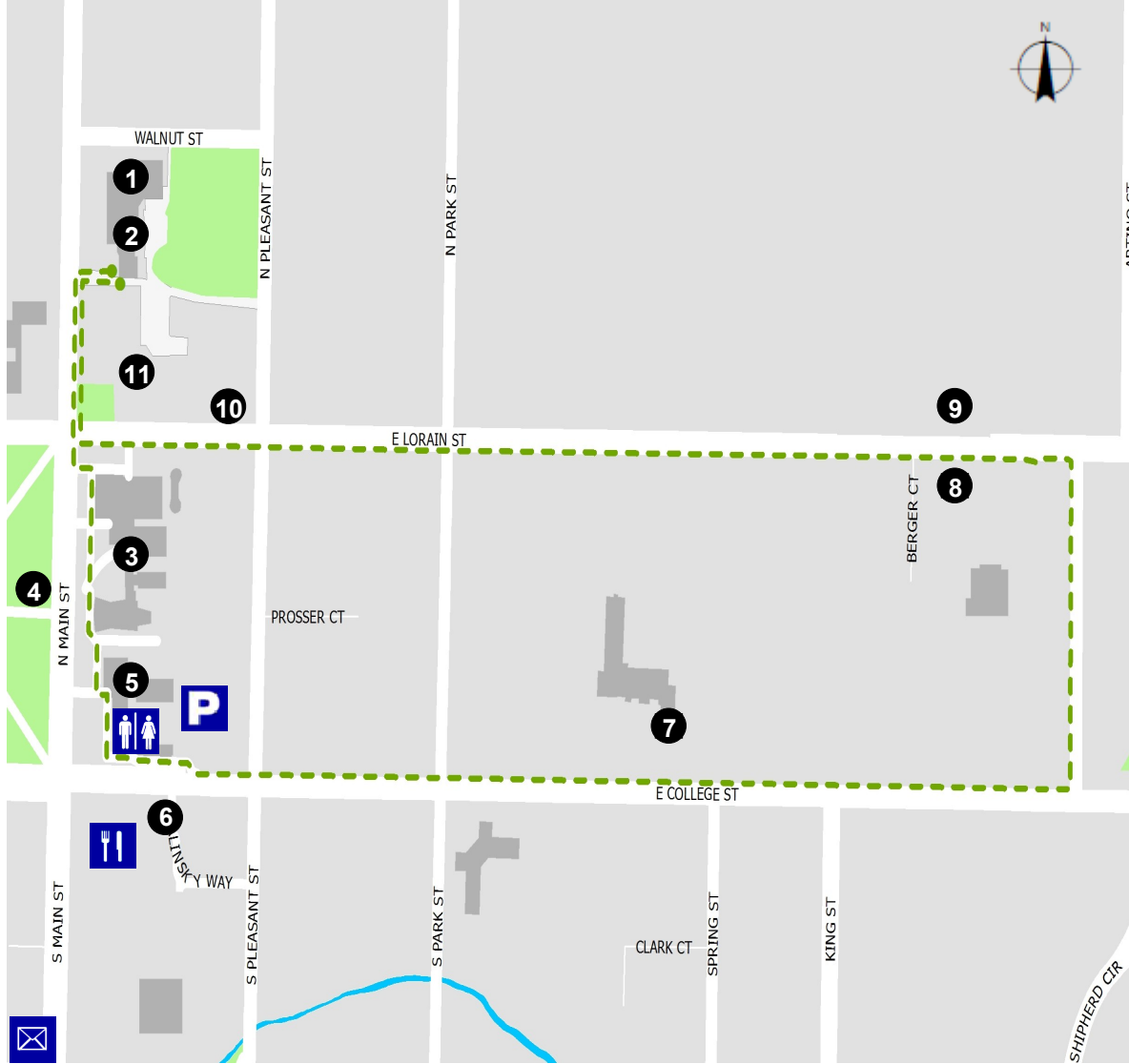
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The Phoenix Loop South route provides access to various Oberlin businesses, restaurants, historical points of interest and Eastwood Elementary School. Of the three Phoenix Loops, this route is the longest, and would be perfect for the person who has extra time or is feeling very motivated. However, this route can also be shortened by taking the access path between East Lorain Street and Eastwood Elementary School.

ESTIMATED STATISTICS: Distance: 2 miles | Steps: 4,000 | Time: 40 minutes | Calories Burned: 200 | Route Type: Sidewalk



P Parking Dining Post Office Restroom

- 1** Langston Middle School
- 2** Oberlin Administrative Office
- 3** Allen Memorial Art Museum
- 4** Tappan Square
- 5** Oberlin Inn
- 6** Apollo Theatre
- 7** Eastwood Elementary School
- 8** IGA
- 9** Sun Center Federal Credit Union
- 10** Peace Community Church
- 11** First Memorial Church



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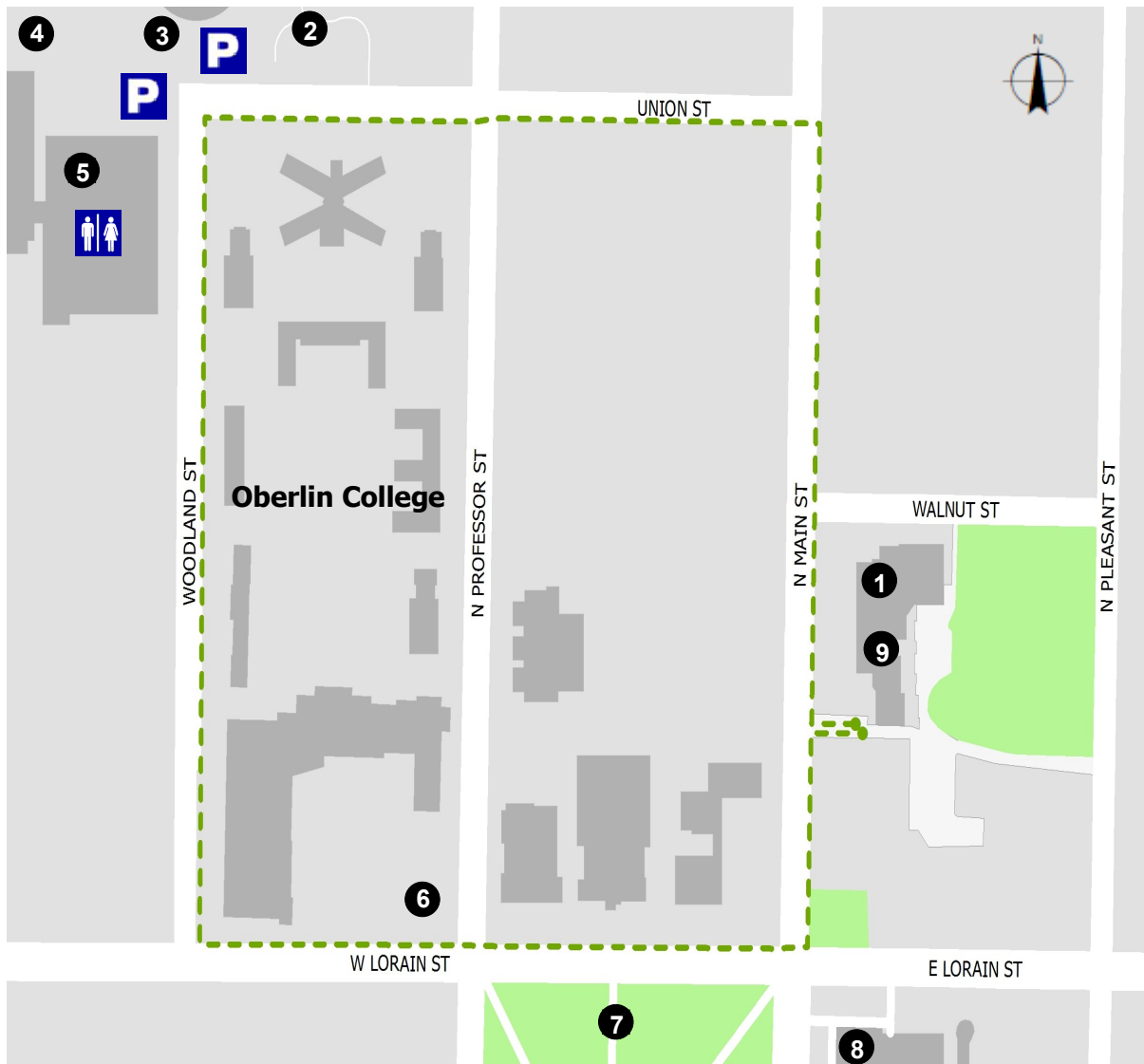


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This pleasant walking route provides access to the Oberlin College campus, and various historical points of interest. This course provides the perfect opportunity for Oberlin School employees to incorporate walking into their lives during lunch breaks and before or after their work day. Additional steps can be acquired on this route by taking laps around either of Oberlin College's tracks.

ESTIMATED STATISTICS:	Distance: 1.1 mile	Steps: 2,200	Time: 22 minutes	Calories Burned: 110	Route Type: sidewalks
1 lap around either track:	Distance: 0.25 mile	Steps: 500	Time: 5 minutes	Calories Burned: 25	Route Type: polyurethane surface



- P** Parking
- Restroom
- 1** Langston Middle School
- 2** The Track at Savage Stadium
- 3** Jones Field House
- 4** Kahn Track
- 5** John W. Heisman Field House
- 6** Severance Hall
- 7** Tappan Square
- 8** Allen Memorial Art Museum
- 9** Oberlin Administrative Office



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