



PARTY DRINKS

for designated drivers

*Recipes from the
21st annual*

ZERO PROOF MIX OFF

Drive sober, always.



**Safe
Communities
Coalition**

Lorain County



**Lorain County
Public Health**

For the Health of Us All



Safe Communities Coalition

Lorain County

About the "Party Drinks for Designated Drivers" recipe book

Kicking off every winter holiday season since 2001, the Zero Proof Mix Off party draws hundreds of Lorain County residents to taste test zero proof drinks.

The drinks are mixed by creative community groups competing for the best recipe!

The Mix Off is a party with a purpose to encourage everyone to drive sober and to serve non-alcoholic options at parties. The event honors designated drivers and raises awareness of the importance of driving sober.

This book keeps the party going.

The Safe Communities Coalition encourages everyone to make a Mix Off drink at holiday celebrations.

Get involved in a future Mix Off or join the Safe Communities Coalition. Contact us at HealthEd@LorainCountyHealth.com or call 440-322-6367.

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**Looking for a recipe from
the past?**

Download a recipe book at
LorainCountyHealth.com

GREENBELT PUNCH



**United Way of
Greater Lorain County**

Ingredients:

- 8 oz. white cranberry juice
- 1 oz. lime juice
- 1 oz. tangerine syrup
- 1 cinnamon stick
- Green apple slices
- Lime slices
- 3 drops of green food coloring

Directions:

1. Mix all ingredients in the order listed.
2. Stir to combine.

WINTER IN ROME



Ingredients:

- ½ can concentrated orange juice
- 1 c. vanilla ice cream
- 1 c. milk
- ½ cap vanilla extract
- ⅛ c. sugar
- Handful of ice

Directions:

1. Put all in blender and combine to desired consistency.
2. Serve immediately.

COLD SNAP GINGERBREAD NOG



Let's Get Real, Inc.

Ingredients:

- 1 tsp. espresso powder
- 1 tbsp. brown sugar
- ¼ c. water
- 2 c. eggnog
- 2 tbsp. molasses
- 1 tsp. ground ginger
- ½ tsp. ground cinnamon
- ½ tsp. ground nutmeg
- Ice, crushed
- Whipped cream
- Gingersnap cookies, crushed (garnish)

Directions:

1. In a saucepan over medium heat, combine the water, espresso powder, and brown sugar. Stir until the sugar has dissolved. Bring to a slight boil and remove from heat. Let cool completely.
2. In a bowl, add the eggnog, the cooled saucepan mixture, molasses, ginger, cinnamon, and nutmeg. Whisk until combined.
3. To serve, add crushed ice to each glass. Pour in the gingerbread eggnog mixture until glasses are filled. Top with whipped cream.
4. Crush a few gingersnap cookies. Then sprinkle them as a garnish on top of the whipped cream.
5. Sip and enjoy!

PUNCH FLOAT



Kindland

Ingredients:

- 64 oz. concord grape juice
- ½ gal. orange sherbet

Directions:

1. Pour the juice in a punch bowl, add the entire ½ gal. of sherbet and let soften before serving.
2. To serve by the glass, fill a tall glass ½ to ¾ full of chilled grape juice.
3. Add 1 to 2 scoops of orange sherbet to the glass.

BLUE CHRISTMAS



Ingredients:

- ¼ c. Blue Curaçao syrup
- 2 tbsp. freshly squeezed lemon juice
- 12 oz. Sprite
- 1 lemon slice

Directions:

1. Pour ¼ c. of blue Curaçao syrup into a 15 oz. cup or glass.
2. Add 2 tbsp. freshly squeezed lemon juice.
3. Top off the drink with 12 oz. of Sprite.
4. Stir gently, then garnish with a lemon slice and enjoy immediately.

PLACEBORITA



LORAIN COUNTY COURT OF COMMON PLEAS

Ingredients:

- ½ gal. Sprite
- ½ liter margarita mix (non-alcoholic)
- 52 oz. limeade
- Sugar for rim
- Sour gummy worms for garnish

Directions:

1. Mix Sprite, non-alcoholic margarita mix, and limeade.
2. Chill if desired.
3. Rim the glass in sugar and garnish with a sour gummy worm.

WALKING IN A RECOVERY WONDERLAND



Lorain County Recovery Court

Ingredients:

- 1 sliced orange
- 1 c. cranberries
- ½ c. pomegranate seeds
- 2 c. cranberry juice
- 2 c. orange juice
- 1 c. pomegranate juice
- 2 c. Sierra Mist or Sprite
- Rosemary for garnish
- Ice

Directions:

1. Combine all ingredients in a large pitcher or punch bowl over ice.
2. If using a really large punch bowl, you can double the recipe.
3. Note: The punch can be made ahead of time, but don't add the ice or soda until just before serving so it doesn't dilute or lose its fizz.

ZESTY MAMA



Ingredients:

- 4 c. sparkling cranberry flavored fruit juice cocktail blend
- 2 c. pineapple juice
- ½ c. fresh cranberries
- 1 orange to make zest curls
- Ice

Directions:

1. Mix sparkling cranberry juice blend and pineapple juice together.
2. Add ice.
3. Garnish with fresh cranberries and orange zest curls if desired.

THE *NOT* TODDY



Ingredients:

- 1 gal. apple cider
- 3 c. hot water
- ¼ c. maple syrup
- 1 lemon, juiced
- ⅛ c. mulling spice (or to taste)
- 20 Fireballs candy
- Whipped cream
- Cinnamon sugar sprinkle

Optional:

- Cinnamon stick
- Lemon Heads candy, crushed
- Lemon zest

Directions:

1. Add apple cider, water, syrup, mulling spice and fireball candies in slow cooker.
2. Stir and heat until candies are dissolved into the cider then add lemon juice.
3. Pour into glasses.
4. Garnish with whipped cream and cinnamon sugar sprinkle.
5. Serve HOT.
6. *Optional:* Garnish whipped cream instead with lemon zest or crushed Lemon Heads candies for an extra fresh burst of citrus in your drink.

BLACK PANTHER



M · H · A · R · S

MENTAL HEALTH, ADDICTION AND RECOVERY SERVICES
BOARD OF LORAIN COUNTY

Ingredients:

- 4 oz. Gatorade (blue)
- 4 oz. blue Hawaiian Punch
- 4 oz. coconut water
- Ice
- Purple cake sprinkles
- Simple syrup
- 1 tbsp. silver shimmer dust

Directions:

1. Dip the rim of glasses into the simple syrup and then into the purple cake sprinkles.
2. Set to the side.
3. In a large pitcher, add Gatorade, Hawaiian Punch and coconut water.
4. Stir to combine.
5. Add silver shimmer dust and stir.
6. Fill glass with ice.
7. Pour punch into the glasses and enjoy!

"GODSPELL" DELIGHT



Ingredients:

- 1 c. half and half
- 12 oz. cream soda, cold
- 4 tsp. simple syrup
- 2-4 drops peppermint oil or extract
- 2 crushed candy canes (rim garnish)
- 4 tsp. simple syrup (rim garnish)

Directions:

1. To prepare the glass for garnish, lightly coat the rim in simple syrup on a plate.
2. Place crushed candy canes on another plate, then dip the syruped rim into the candy canes.
3. To make the drink, stir together 1 c. half and half, 12 oz. cream soda, 4 tsp. simple syrup and 2-4 drops of peppermint oil in a small pitcher.
4. Pour the mixed drink into the candy cane garnished glasses.

2021 BEST TASTE

WINNER

DECLAWED



Ingredients:

- 2 lemon wedges
- 2 lime wedges
- 2 orange wedges
- 4 tsp. simple syrup
- 4 oz. sparkling water or club soda
- 2 tsp. lemon juice
- 1 tsp. lime juice
- 1 oz. orange juice

Directions:

Lemon-Lime Declawed

1. Place 1 lemon wedge and 1 lime wedge in a glass and mash.
2. Fill glass with ice (amount as desired).
3. Add sparkling water or club soda.
4. Combine simple syrup, lemon juice, lime juice. Stir gently.
5. Garnish with 1 lemon wedge and 1 lime wedge.

Orange Declawed

1. Place 1 orange wedge in a glass and mash.
2. Fill glass with ice (amount as desired).
3. Add sparkling water or club soda.
4. Combine simple syrup and orange juice. Stir gently.
5. Garnish with 1 orange wedge.



HIGH SOBRIETY



LORAIN COUNTY COURT OF COMMON PLEAS

Ingredients:

- 1 qt. lemonade
- 2 c. pineapple juice
- 2 c. Sprite
- Maraschino cherry



Directions:

1. Add ingredients and mix.
2. Add ice.
3. Top with a maraschino cherry.
4. Enjoy. :)

2021 PEOPLE'S CHOICE

WINNER

CANDY CANE DELIGHT



ELYRIA CATHOLIC
HIGH SCHOOL

Ingredients:

- 4 scoops vanilla ice cream
- Splash of eggnog
- 4 chocolate mint cookies
- 1 tsp. cinnamon
- Dash of pumpkin spice
- 1 c. 2% milk

Directions:

1. Blend all ingredients together.
2. Garnish with crushed candy canes.
3. Sprinkle with pumpkin spice.
4. Sip and enjoy.

THANK YOU!

AAA East Central

WEOL 930 AM & 100.3 FM

Marion L. Steele High School
Medical Health Technology Program
Student Volunteers

JUDGES

Mark Ballard II
The City of Elyria

Lori Cook
AAA East Central

Mathias Hauck
Avon Brewing Company



Stay safe and drive sober

- Plan ahead by finding a safe way home before the festivities begin. A sober driver is the way to go.
- If you've had too much to drink, use an app like Uber or Lyft. Call a sober friend or family member, a taxi, or use public transportation.
- If you see an impaired driver on the road, pull over and call #677 or 911.

Be a great host all year long

- Offer your favorite non-alcoholic beverage from the Zero Proof Mix Off as an option for guests.
- Make non-alcoholic options as appealing and available as alcoholic options.
- Help guests to coordinate safe rides home before the party starts.
- Close the bar at least 90 minutes before the party ends.

Alcohol-free party ideas

- Host your own Zero Proof Mix Off! Ask guests to create non-alcoholic drink recipes as part of a competition.
- Try a white elephant gift exchange.
- Have guests dress up in a theme to make the party unique and fun.
- Craft an exciting holiday menu that will be the talk of the party.



Safe Communities Coalition

Lorain County

WHO WE ARE

Since 1989, the Safe Communities Coalition (SCC) has worked through community initiatives that involve engineering, enforcement and education.

OUR MISSION

To prevent injuries and deaths on Lorain County roads.

WHAT WE DO

- Review and analyze Lorain County crash data.
- Raise traffic safety awareness via campaigns, events, interventions, and social media.
- Educate about the importance of wearing your seat belt, driving sober, motorcycle safety, driving focused, and bicycle and pedestrian safety.
- Facilitate the Traffic Fatality Review Committee to review all fatal traffic crashes in Lorain County and identify trends and possible interventions to prevent future crashes.



Safe Communities Coalition

Lorain County

- ***FOLLOW THE RULES OF THE ROAD.***
- ***WATCH OUT FOR PEDESTRIANS & MOTORCYCLES.***
- ***WEAR A HELMET.***
- ***GIVE BICYCLISTS 3 FEET.***
- ***SLOW DOWN.***
- ***DRIVE & RIDE SOBER & FOCUSED.***
- ***BUCKLE UP.***



Thank you

for keeping Lorain County
roads safe!

Make a drink?

use the hashtag

#DriveSoberLorainCounty
and tag us!



@LorainCoHealth



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@LorainCountyHealth



LorainCountyHealth.com